# Waterford

LEISURE & EDUCATION OPPORTUNITIES Check out PARKS & RECREATION PROGRAMS pp 41-56! WE MOVED OUR OFFICES TO Township Hall - 3rd Floor, 5200 Civic Center Dr

WATERFORD SCHOOL DISTRICT WATERFORD COMMUNITY EDUCATION

WATERFORD SENIOR CENTER . WATERFORD LIBRARY



The Weterford School District's high quality preschool programs provide a safe and nurturing convironment that promotes the physical, social, emotional, and academic development of preschool district. We use the nationally recognized, researched-based High Scope curriculum. The Steperiski Early Childhood Center Preschool Programs are accredited by the National Association for the Education of Young Children.

Orent Start Readiness Program (GSRP) is a fine program funded by the Michigan Department of Education and is offered to four-year-olds who meet certain criteria such as low to moderate income, single parent families, and family history of school failure. Children can attend class full day or half day.

Head Start is a federally funded program for three and four-year olds in a multi-age disasroom. It is free to families who qualify either financially or meet other criteria. Instruction occurs in large and small group settings and one-on-one interactions. Children attend class four mornings or inflammon's each week.

Turtion-based Preschool is available for three and four-year-olds. Emphasis is placed on preparing children for kindergarien while enjoying the learning process. Three-year-olds will attend class on Tuesdays and Thursdays. Children who are four will attend classes on Monday. Wednesday, and Enday roomings or afternoons. Parents may also select a 4 or 5 day option for their four-year-old.

Hand-in-Hand is an interactive one-on-one preschool experience for children ages 24-32 months. Accompany your little one for weekly experiences with movement, music, art, and literature designed to support the unique development needs of older toddlers.

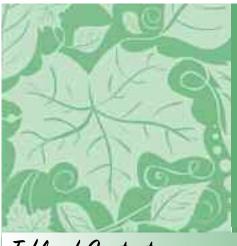
First Families is a playsupport group for parents and young children (bobies and toddiers). Classes meet once per week.

Biended Program for 3's and 4's is a preschool classroom with two teachers (one certified in special education and the other a highly qualified preschool teacher) and two assistants. High Scope curriculum is used with the added benefit of a longer school yeer (September-June).

Call 248.666.9593 TODAY!







# Welcome to the Waterford Leisure and Education Opportunities Brochure for Fall 2015!

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# Community Bulletin Board



# Community Bulletin Board



# Community Bulletin Board



# Message To The Community

The new school year is upon us and with that brings an opportunity to explore the variety of classes available through our community education programs. Learn a new skill, adopt a healthier life style, or enjoy a hobby or passion. Numerous enrichment classes are offered for adults and children, including health, fitness, finance, sports, creative arts, and many more! To access information about current classes and programs, <u>visit www.wsdmi.org/learn</u>. You can browse available classes or be the first in line to register!

Do you have a hobby or passion that you would like to share with the community? Information on teaching community education classes is also available at <a href="https://www.waterford.k12.mi.us/communityeducation">www.waterford.k12.mi.us/communityeducation</a>. We maintain a solid set of traditionally successful classes while continually researching and developing new offerings. Our goal is to offer opportunities that best meet the needs of our community and promote the life-long learning. We value your input. Please let us know if you have suggestions for classes or ideas for enhancing our current offerings.

As you transition from summer to the beauty of a Michigan fall, join the thousands of individuals that have enrolled in community education classes through the Waterford School District. We look forward to seeing you in our classrooms, gymnasiums, pools and fitness centers!

Rhonda Lessel, Associate Director School and Community Services

#### WATERFORD SCHOOL DISTRICT COMMUNITY EDUCATION SERVICES

#### **ADMINISTRATION**

Dr. Keith Wunderlich ......Superintendent Rhonda Lessel .......Associate Director, School and Community Services

#### **VISION STATEMENT**

Inspire, educate, and empower our students for their future!

#### **BOARD OF EDUCATION MEMBERS**

Heather Halls Paul Torres Bob Piggott Joan Sutherland John Himmelspach Robert Petrusha, Jr. Robert Seeterlin



#### Art

#### CARTOON WORKSHOP – GRADE K-5

Instructor: Neal Levin

Students learn to draw characters and create cartoons—even if a beginner—with simple instruction and games! Included in the fee are all materials and a booklet to take home. This class is revised each year. A registration flyer will be sent home with students 3 weeks prior to the workshop.

1512.001 11/30/15 Mon 1 session 4:00-5:30 pm \$18 Coolev 1512.002 12/02/15 Wed 1 session 4:00-5:30 pm \$18 Houghton 1512.003 12/11/15 1 session Fri 4:00-5:30 pm \$18 Grayson





### **Sports**

#### **RUNNING CLUB Grades 3-5**

The running club is designed to introduce your child to the joy of running with a group of peers in a supervised, constructive format. Participants will follow a 6 week training program that will culminate in a 1 mile fun run at Waterford Mott track on Wednesday, October 28, 5pm. Participants may purchase a club t-shirt from the coach for \$5.

1513.001 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Beaumont
1513.002 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Cooley
1513.003 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Donelson Hills
1513.004 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Grayson
1513.005 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Haviland
1513.006 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Houghton
1513.007 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Knudsen
1513.008 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Riverside
1513.009 9/23/15	Wed	6 sessions
4:00-5:15 pm	\$25	Schoolcraft

#### PICKLE BALL DROP IN PLAY

If you prefer variety in your activities or if your schedule varies weekly, the Pickle Ball Drop-in sessions are for you! Just check in at the front desk at the Crary Campus and join in the fun. Beginners are welcomed! Please wear court shoes. NOTE: Drop-in sessions will not run during schedule school breaks or other days when school is not in session.

#0000.000 Ongoing Thurs 1:00-4:00pm \$4 Crary Campus



#### OPEN GYM BASKETBALL Middle & High School Boys and Girls

Instructor: Dave Smith and Don Allen, PlayAllBasketball

PlayAllBasketball (PAB) coaches teach advanced basketball concepts during structured open gym sessions. Participants improve shooting, dribbling, passing, rebounding and techniques in offense and defense. PlayAllBasketball coaches emphasize teamwork, respect, discipline and responsibility.

Sessions are on-going. Visit www.playallbasketball.net for current times and locations \$5 per session

#### INDIVIDUAL & SMALL GROUP BASKETBALL & FITNESS TRAINING

Middle & High School Boys and Girls Instructor: Dave Smith and Don Allen, PlayAllBasketball

PlayAllBasketball (PAB) provides individual and small group basketball and fitness training for elite and developing athletes. Experienced instructors guide athletes through speed, skill and strength drills to improve confidence and athletic performance.

Sessions are on-going. Visit www.playallbasketball.net for current times \$30 per session

#### OUTDOOR TENNIS INSTRUCTION LITTLE STARS Ages 4-6

Instructor: Dan Madden

Fast, fun, and friendly games and drills will be utilized to develop your child's footwork and hand-eye coordination. Volleys, ground strokes, movement, and balance skills will be introduced. No racquet, no problem. Loaners are available. Students should bring water and tennis shoes.

1513.010 9/16/15 Wed 3 sessions 5:00-5:30pm \$44 Pierce Tennis Complex 1513.011 10/7/15 Wed 3 sessions 5:00-5:30pm \$44 Pierce Tennis Complex

#### OUTDOOR TENNIS INSTRUCTION YOUTH LEARN TO PLAY

Ages 7-14

Instructor: Dan Madden, Kettering Head Coach Develop and improve ground strokes, volleys, serves, overheads, and more. We'll cover rules, basic strategy, and court



etiquette. Expect fast moving drills, friendly competitive games, and match play. Students need to bring racquet (loaners are available), water, and tennis shoes.

1513.012 9/16/15 Wed 3 sessions 5:30-6:30pm \$56 Pierce Tennis Complex 1513.013 10/07/15 Wed 3 sessions 5:30-6:30pm \$56 Pierce Tennis Complex

#### OUTDOOR TENNIS INSTRUCTION ADULT/BEGINNER LEARN TO PLAY Ages 15+

Instructor: Dan Madden, Kettering Head Coach This program is for those with limited or no tennis experience. A great way to get started the right way with proper stroke mechanics. We'll cover serves, volleys, ground strokes, rules, court etiquette and more. No racquet, no problem. Loaners are available. Students should bring water and tennis shoes.

1513.014 9/16/15 Wed 3 sessions 6:30-7:45pm \$74 Pierce Tennis Complex 1513.015 10/07/15 Wed 3 sessions 6:30-7:45pm \$74 Pierce Tennis Complex

#### OUTDOOR TENNIS INSTRUCTION ADULT DRILL & PLAY Ages 15+

Instructor: Dan Madden, Kettering Head Coach This program is for those with some tennis experience. Fun and fast paced drills and skill development games that will up your heart rate too! Depending on class makeup a portion of the class may be devoted to coached match play. No racquet, no problem. Loaners are available. Students should bring water and tennis shoes.

1513.016 9/16/15 Wed 3 sessions 6:30-7:45pm \$74 Pierce Tennis Complex 1513.017 10/07/15 Wed 3 sessions 6:30-7:45pm \$74 Pierce Tennis Complex

# INDOOR TENNIS INSTRUCTION NEW!

Instructor: Wessen Indoor Tennis Club, 121 Branch Street, Pontiac

Wessen Indoor Tennis Club offers instruction for youth and adults in its new state-of-the-art tennis facility, the first, new tennis only indoor club to open in the area in over 75 years.

#### Pee Wee Ages 4-6

An intro to tennis for very young players. Handeye coordination, basic movements, cooperation & fun games are all used to teach basic skills. This class is designed to introduce tennis in a fun way to help kids establish a love for the game.

1513.018 9/19/15 Sat 6 sessions \$115 Wessen ITC 10:00-10:50am 1513.019 9/20/15 Sun 6 sessions \$115 Wessen ITC 12:00-12:50pm 1513.020 10/31/15 Sat 8 sessions 10:00-10:50am \$153 Wessen ITC 1513.021 11/01/15 Sun 8 sessions 12:00-12:50pm \$153 Wessen ITC

#### Red I Ages 6-8

This class teaches the fundamentals of tennis to young beginners. Proper technique is emphasized along with racquet control, cooperation and movement. Lessons are incorporated into fun games to help children stay focused and interested while learning to play.

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focused and interested	while lea	rning to play
1513.022 9/14/15	Mon	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.023 9/16/15	Wed	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.024 9/19/15	Sat	6 sessions
11:00am-12:00pm	\$115	Wessen ITC
1513.025 9/20/15	Sun	6 sessions
2:00-3:00pm	\$115	Wessen ITC
1513.026 10/26/15	Mon	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.027 10/28/15	Wed	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.028 10/31/15	Sat	8 sessions
11:00am-12:00pm	\$153	Wessen ITC
1513.029 11/1/15	Sun	8 sessions
2:00-3:00pm	\$153	Wessen ITC

#### Red II Ages 7-10

A continuation of RED I, this class continues to emphasize technique, while introducing footwork, topspin, serve and volley. Orange balls are introduced along with red balls. Lessons are incorporated into fun drills and games.

1513.030 9/14/15	Mon	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.031 9/16/15	Wed	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.032 9/19/15	Sat	6 sessions
11:00am-12:00pm	\$115	Wessen ITC
1513.033 9/20/15	Sun	6 sessions
2:00-3:00pm	\$115	Wessen ITC
1513.034 10/26/15	Mon	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.035 10/28/15	Wed	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.036 10/31/15	Sat	8 sessions
11:00am-12:00pm	\$153	Wessen ITC
1513.037 11/1/15	Sun	8 sessions
2:00-3:00pm	\$153	Wessen ITC

#### Orange I Ages 8-10

This class introduces basic match play and continues to work on the improvement of stroke fundamentals. Match strategy is also introduced along with practice point play. Supervised drills and games help players develop match skills for competitive play.

		, ,
1513.038 9/14/15	Mon	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.039 9/16/15	Wed	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.040 9/19/15	Sat	6 sessions
12:00-1:00pm	\$115	Wessen ITC
1513.041 9/20/15	Sun	6 sessions
3:00-4:00-pm	\$115	Wessen ITC
1513.042 10/26/15	Mon	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.043 10/28/15	Wed	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.044 10/31/15	Sat	8 sessions
12:00-1:00pm	\$153	Wessen ITC
1513.045 11/1/15	Sun	8 sessions
3:00-4:00-pm	\$153	Wessen ITC

#### Orange II Ages 8-10

A continuation of ORANGE I, this class further refines the players' tactical and technical skills. Increased match play and live-ball drills simulate match competition. Proper stroke production is stressed with introductory tennis strategy. Green-dot balls may be introduced.

1510040 04445	N /	0!
1513.046 9/14/15	Mon	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.047 9/16/15	Wed	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.048 9/19/15	Sat	6 sessions
12:00-1:00pm	\$115	Wessen ITC
1513.049 9/20/15	Sun	6 sessions
3:00-4:00-pm	\$115	Wessen ITC
1513.050 10/26/15	Mon	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.051 10/28/15	Wed	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.052 10/31/15	Sat	8 sessions
12:00-1:00pm	\$153	Wessen ITC
1513.053 11/1/15	Sun	8 sessions
3:00-4:00-pm	\$153	Wessen ITC

#### JR Development (Green) Ages 9-12

This class builds on the skills learned in ORANGE II. Regulation balls are introduced in conjunction with green-dot balls. Continued emphasis on stroke development and match play, including tennis rules, strategy and shot selection.

1513.054 9/15/15	Tue	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.055 9/17/15	Thurs	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.056 9/19/15	Sat	6 sessions
1:00-2:00pm	\$115	Wessen ITC
1513.057 9/20/15	Sun	6 sessions
4:00-5:00pm	\$115	Wessen ITC
1513.058 10/29/15	Thurs	7 sessions*
6:30-7:30pm	\$134	Wessen ITC
*No class on 11/26		
1513.059 10/27/15	Tue	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.060 10/31/15	Sat	8 sessions
1:00-2:00pm	\$153	Wessen ITC
1513.061 11/1/15	Sun	8 sessions
4:00-5:00pm	\$153	Wessen ITC

#### Teen Beginner I Ages 11-16

A class for teens with no prior, or very limited, tennis experience. Teens learn the fundamentals of the game alongside their peers -proper stroke production is emphasized, while players learn tennis rules, etiquette and how to rally the ball.

uic baii.		
1513.062 9/15/15	Tue	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.063 9/17/15	Thurs	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.064 9/19/15	Sat	6 sessions
1:00-2:00pm	\$115	Wessen ITC
1513.065 9/20/15	Sun	6 sessions
4:00-5:00pm	\$115	Wessen ITC
1513.066 10/29/15	Thurs	7 sessions*
6:30-7:30pm	\$134	Wessen ITC
*No class on 11/26		
1513.067 10/27/15	Tue	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.068 10/31/15	Sat	8 sessions
1:00-2:00pm	\$153	Wessen ITC
1513.069 11/1/15	Sun	8 sessions
4:00-5:00pm	\$153	Wessen ITC

#### Teen Beginner II Ages 11-16

A continuation of TEEN BEGINNER I, players will stay on track to improve their technique, while movement, strategy and shot selection are introduced. Players that wish to continue will graduate to TOURNAMENT EXCELLENCE

when they are ready.		
1513.070 9/15/15	Tue	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.071 9/17/15	Thurs	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.072 9/19/15	Sat	6 sessions
1:00-2:00pm	\$115	Wessen ITC
1513.073 9/20/15	Sun	6 sessions
4:00-5:00pm	\$115	Wessen ITC
1513.074 10/29/15	Thurs	7 sessions*
6:30-7:30pm	\$134	Wessen ITC
*No class on 11/26		
1513.075 10/27/15	Tue	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.076 10/31/15	Sat	8 sessions
1:00-2:00pm	\$153	Wessen ITC
1513.077 11/1/15	Sun	8 sessions
4:00-5:00pm	\$153	Wessen ITC

#### **Tournament Excellence Ages 9-14**

A class for players that have learned proper technique and the rules of the game, and have a desire to compete at a higher level. Players should be able to maintain a medium/high-paced rally with top-spin, move to the net, and execute a volley and serve.

1513.078 9/19/15	Sat	6 sessions
2:00-3:30pm	\$175	Wessen ITC
1513.079 9/20/15	Sun	6 sessions
12:00-1:30pm	\$175	Wessen ITC
1513.080 10/31/15	Sat	8 sessions
2:00-3:30pm	\$233	Wessen ITC
1513.081 11/1/15	Sun	8 sessions
12:00-1:30pm	\$233	Wessen ITC

#### **High School Training Ages 12-18**

For high school players that aspire to play on their varsity team. Players should be able to sustain a medium/high-paced rally with topspin, move to the net, and execute a volley and serve.

1513.082 9/19/15	Sat	6 sessions
3:30-5:00pm	\$175	Wessen ITC
1513.083 9/20/15	Sun	6 sessions
1:30-3:00pm	\$175	Wessen ITC
1513.084 10/31/15	Sat	8 sessions
3:30-5:00pm	\$233	Wessen ITC
1513.085 11/1/15	Sun	8 sessions
1:30-3:00pm	\$233	Wessen ITC



## Advanced Academy/Tournament Select Ages 9-14

For serious students who have developed the skills necessary for match play and are interested in tournament competition. High-paced, intense class focused on skills and tactics necessary for success in USTA & high school competition. Twice-per-week class (Tue/Thur) is highly recommended.

0 )		
1513.086 9/15/15	Tue	6 sessions
4:30-6:30pm	\$250	Wessen ITC
1513.087 9/17/15	Thurs	6 sessions
4:30-6:30pm	\$250	Wessen ITC
1513.088 9/15/15	Tu&Th	6 sessions
4:30-6:30pm	\$445	Wessen ITC
*No class on 11/26		
1513.089 10/29/15	Thurs	7 sessions*
4:30-6:30pm	\$293	Wessen ITC
1513.090 10/27/15	Tue	8 sessions
4:30-6:30pm	\$335	Wessen ITC
1513.091 10/27/15	Tu&Th	8 sessions*
4:30-6:30pm	\$553	Wessen ITC
*No class on 11/26		

## Advanced Academy/Top Flight Ages 11-18

For dedicated USTA tournament players and high school team players. Advanced stroke production, footwork, singles/doubles strategy. A high intensity class for serious juniors who want to work hard to improve their ranking and win tournaments! Twice-per-week class (Mon/Wed) is highly recommended.

1513.092 9/14/15	Mon	6 sessions
4:30-6:30pm	\$250	Wessen ITC
1513.093 9/16/15	Wed	6 sessions
4:30-6:30pm	\$250	Wessen ITC
1513.094 9/14/15	M&W	6 sessions
4:30-6:30pm	\$445	Wessen ITC
1513.095 10/26/15	Mon	8 sessions
4:30-6:30pm	\$335	Wessen ITC
1513.096 10/28/15	Wed	8 sessions
4:30-6:30pm	\$335	Wessen ITC
1513.097 10/26/15	M&W	8 sessions
4:30-6:30pm	\$590	Wessen ITC

#### Adult Beginner Ages 17+

For adults who have not played tennis in the past or have been away from the game for a while and are ready to sharpen their skills.

1513.098 9/14/15	Mon	6 sessions
7:30-8:30pm	\$115	Wessen ITC
1513.099 9/16/15	Wed	6 sessions
11:30am-12:30pm	\$115	Wessen ITC
1513.100 10/26/15	Mon	8 sessions
7:30-8:30pm	\$153	Wessen ITC
1513.101 10/28/15	Wed	8 sessions
11:30am-12:30pm	\$153	Wessen ITC

#### Adult Advanced Beginner Ages 17+

For adults who have some past experience and have learned the basic strokes, and are ready to improve their skills.

1513.102 9/15/15	Tue	6 sessions
10:30-11:30am	\$115	Wessen ITC
1513.103 9/16/15	Wed	6 sessions
7:30-8:30pm	\$115	Wessen ITC
1513.104 10/27/15	Tue	8 sessions
10:30-11:30am	\$153	Wessen ITC
1513.105 10/28/15	Wed	8 sessions
7:30-8:30pm	\$153	Wessen ITC

#### Adult Intermediate Ages 17+

For adults with a firm grasp of all strokes and are ready to take their game to the next level. 1513.106 9/17/15 Thurs 6 sessions 7:30-9:00pm \$175 Wessen ITC 1513.107 10/29/15 Thurs 7 sessions\* 7:30-9:00pm \$204 Wessen ITC \*No class on 11/26

#### Organized Practice Ages 17+

A fast moving class with intensive drills and supervised play. Focus is on stroke development, movement and strategy for success in LISTA league play

USTA league play.		
1513.108 9/17/15	Thurs	6 sessions
7:30-9:00pm	\$175	Wessen ITC
1513.109 9/19/15	Sat	6 sessions
10:30am-12:00pm	\$175	Wessen ITC
1513.110 10/29/15	Thurs	7 sessions*
7:30-9:00pm	\$204	Wessen ITC
*No class on 11/26		
1513 111 10/31/15	Sat	8 sessions

\$233 Wessen ITC

10:30am-12:00pm

#### Cardio Fit Tennis Ages 16+

Drills designed for a high intensity workout with fitness and fun as the main goal — suitable for all skill levels.

1513.112 9/14/15	Mon	6 sessions
6:30-7:30am	\$115	Wessen ITC
1513.113 9/15/15	Tue	6 sessions
6:30-7:30pm	\$115	Wessen ITC
1513.114 9/18/15	Fri	6 sessions
12:00-1:00pm	\$115	Wessen ITC
1513.115 10/26/15	Mon	8 sessions
6:30-7:30am	\$153	Wessen ITC
1513.116 10/27/15	Tue	8 sessions
6:30-7:30pm	\$153	Wessen ITC
1513.117 10/30/15	Fri	8 sessions
12:00-1:00pm	\$153	Wessen ITC

#### Adult Rock & Roll Tennis Ages 17+

A fast moving clinic with challenging live-ball drills to rock & roll music. This high-energy class is a favorite among adults!

1513.118 9/20/15	Sun	6 sessions
11:00am-1:00pm	\$220	Wessen ITC
1513.119 11/1/15	Sun	8 sessions
11:00am-1:00pm	\$290	Wessen ITC

#### PICKLE BALL Ages 18+

Instructor: Jill Nagi

Part tennis, part badminton, and part pingpong! Learn to play the fastest growing sport in the United States. Rules, scoring, basic strategies, and techniques will be covered. All equipment provided. Bring your own shoes and water bottle. Drop in pickle ball is available during these two-hour Saturday sessions for \$2/person.

1513.120 9/12/15	Sat	2 sessions
9:00am-11:00pm	\$40	Crary Campus Courts
1513.121 10/17/15	Sat	2 sessions
11:00-1:00pm	\$40	Crary Campus Gym
1513.122 11/07/15	Sat	2 sessions
11:00-1:00pm	\$40	Crary Campus Gym
1513.123 12/05/15	Sat	2 sessions
11:00-1:00pm	\$40	Crary Campus Gym

#### LEARN TO SKATE – SNOW PLOW SAM (SPS) AGES 3-4

Instructor: Lakeland Arena

This program offers group instruction for the very young child to get used to the ice. It is appropriate for both figure skaters and hockey players. Time on the ice will be 30 minutes. Snow Plow Sam skaters are required to wear helmets (bike or hockey helmets work well). Skaters must provide their own helmets. Skates must be single blades; rentals are available. Dress warmly and remember gloves or mittens

1513.124 9/10/15 5:20pm-5:50pm 1513.125 9/12/15 9:20am-9:50am 1513.126 10/29/15 5:20pm-5:50pm 1513.127 10/31/15 9:20am-9:50am 3513.001 1/07/16 5:20pm-5:50pm 3513.002 1/09/16 9:20am-9:50am 3513.003 2/23/16 5:20pm-5:50pm 3513.004 4/14/16 5:20pm-5:50pm 3513.005 4/16/16 9:20am-9:50am

Thurs 7 Sessions \$65 Lakeland Arena Sat 7 Sessions \$65 Lakeland Arena 7 Sessions Thurs \$65 Lakeland Arena Sat 7 Sessions \$65 Lakeland Arena 7 Sessions Thurs \$65 Lakeland Arena 7 Sessions Sat \$65 Lakeland Arena Tue 6 Sessions \$55 Lakeland Arena Thurs 7 Sessions \$65 Lakeland Arena Sat 7 Sessions \$65 Lakeland Arena

#### LEARN TO SKATE – BASIC 1 Ages 5-14

Instructor: Lakeland Arena, 7330 Highland Road. Waterford

Groups are divided by skill level which will teach students proper technique for basic forward and backward skating giving them a good foundation. Skate rentals are available (skates must be single blades). Dress warmly; remember to bring gloves or mittens. Helmets are recommended; bike or hockey helmets work well. (20 minute classes/30 minutes practice time).

1513.128 9/10/15 5:50pm-6:50pm 1513.129 9/12/15 9:50am-10:50am 1513.130 10/29/15 5:50pm-6:50pm 1513.131 10/31/15 9:50am-10:50am 3513.006 1/07/16 5:50pm-6:50pm 3513.007 1/09/16 9:50am-10:50am 3513.008 2/23/16 5:50pm-6:50pm 3513.009 4/14/16 5:50pm-6:50pm 3513.010 4/16/16 9:50am-10:50am

7 Sessions Thurs \$90 Lakeland Arena 7 Sessions Sat \$90 Lakeland Arena 7 Sessions Thurs \$90 Lakeland Arena Sat 7 Sessions \$90 Lakeland Arena 7 Sessions Thurs \$90 Lakeland Arena Sat 7 Sessions \$90 Lakeland Arena Tue 6 Sessions \$80 Lakeland Arena Thurs 7 Sessions \$90 Lakeland Arena Sat 7 Sessions \$90 Lakeland Arena



#### LEARN TO PLAY HOCKEY-LAKELAND ATOMS HOCKEY PROGRAM Ages 4-14

Instructor: Lakeland Arena

This program is designed to teach children the basics of hockey skills, skating, stick handling, etc. The classes are taught in a clinic setting and skaters are divided by skill level (determined by coaching staff) with skaters moving to different groups according to their skill level. The class is 50 minutes long and the sessions are 7 or 8 weeks long. The program continues throughout the year. All participants are required to have full ice hockey equipment: hockey helmet with mask, hockey gloves, hockey pants, protective cup, shin pads, shoulder pads, hockey socks (with garter belt), neck guard, skates and stick. Please be aware it usually takes several sessions to move from one skill level to the next

one skill level to the nex	ι.	
1513.132 9/08/15	Tue	8 Sessions
5:20pm-6:10pm		Ages4-10
\$100 (Once Weekly)	\$180	(Twice Weekly)
1513.133 9/12/15	Sat	8 Sessions
9:40am-10:30am		Ages 4-10
\$100 (Once Weekly)	\$180	(Twice Weekly)
1513.134 9/12/15	Sat	8 Sessions
10:40am-11:30am		Ages 11-14
	LY OFFER	ED ONCE PER WEEK
1513.135 11/03/15	Tue	7 Sessions
5:20pm-6:10pm		Ages 4-10
\$90 (Once Weekly)	\$160	(Twice Weekly)
1513.136 11/7/15	Sat	7 Sessions
9:40am-10:30am		Ages 4-10
\$90 (Once Weekly)	\$160	(Twice Weekly)
1513.137 11/07/15	Sat	7 Sessions
10:40am-11:30am		Ages 11-14
	OFFERE	D ONCE PER WEEK
3513.011 1/05/16	Tue	8 Sessions
5:20pm-6:10pm		Ages 4-10
\$100 (Once Weekly)	\$180	(Twice Weekly)
3513.012 1/09/16	Sat	8 Sessions
9:40am-10:30am		Ages 4-10
\$100 (Once Weekly	\$180	(Twice Weekly)
3513.013 1/09/16	Sat	8 Sessions
10:40am-11:30am		Ages 11-14

\$100 (Once Weekly) ONLY OFFERED ONCE PER WEEK

3513.014 3/01/16 Tue 8 Sessions 5:20pm-6:10pm Ages 4-10 \$100 (Once Weekly) \$180 (Twice Weekly) 3513.015 3/12/16 7 Sessions Sat Ages 4-10 9:40am-10:30am \$90 (Once Weekly) \$170 (Twice Weekly) 3513.016 3/12/16 7 Sessions 10:40am-11:30am Ages 11-14 \$90 (Once Weekly) ONLY OFFERED ONCE PER WEEK 3513.017 5/03/16 8 Sessions Tue 5:20pm-6:10pm Ages 4-10 \$100 (Once Weekly) NOT OFFERED TWICE A WEEK IN MAY

#### BASEBALL "TRAIN AND PLAY" NEW! Ages 7-12

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

This intensive bi-weekly program is played indoors throughout October and designed for boys from beginner to intermediate. Kids can move into different age groups based on ability per director. The training session will put the boys through the paces designed for skill improvement: hitting, pitching, base running, sliding and skills needed for each respective position. Defensive positional skills will be stressed. Sunday's two-hour session will be full on games: home run fencing, umpires, weekly stats and coaching. Participation includes tshirt and ball cap. Bring baseball mit and bat. 1513.138 9/22/15 Tu&Sun10 sessions Ages 11-12 Tu 6:30-8:00pm/Sun\* 12:00-2:00pm Oakland Yard Athletics \$250 \*Sat 10/3: 5:00-7:00pm No class on 10/4 Wed&Sun 10 sessions 1513.139 9/23/15 Ages 7-10 Wed 6:30-8:00pm/Sun\* 12:00-2:00pm \$250 Oakland Yard Athletics \*Sat 10/3: 3:00-5:00pm No class on 10/4



# SOFTBALL "TRAIN AND PLAY" *NEW!* Ages: 6-11

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

This intensive program is designed for girls from beginners to intermediate. This bi-weekly program is played indoors throughout October. Participants will be in separate age divisions. Kids can move into different age groups based on ability per director. Designed for skill improvement: hitting, pitching, base running, and sliding and the skills needed for each respective position. Defensive positional skills will be stressed. Sunday's two-hour session will be full on games with home run fencing, umpires, weekly stats and coaching. Participation includes t-shirt and ball cap. Bring mit and bat.

1513.140 9/16/15 Wed & Sun 5 sessions Wed 6:30-8:00pm/Sun\* 2:00-4:00pm

\$250 Oakland Yard Athletics \*Sat 10/3: 5:00-7:00pm No class on 10/4

# BACKYARD OLYMPICS NEW! Grades 3-6

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

This program will be all about playing those games traditionally played during holiday weekends: badminton, bocce ball, ladder golf, croquet, corn hole, soccer, and football. Weekly sessions will be spent dividing into teams and competing. Wear comfortable clothes and sneakers.

1513.141 9/17/15 Thurs 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

# SPORTS & GAMES NEW! Grades K-3

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Designed for 4-7 year olds. The goal is to enhance athletic coordination and introduce the dynamics of group sports. The day will be filled with activities like baseball, nuke'em, bottle battle, soccer, t-ball, and kickball, etc. Players will spend time on low ropes course working on climbing, balance, and teamwork. 1513.142 9/14/15 Mon 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

#### QUIDDITCH *NEW!* Grades 4-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Learn the game made famous by JK Rowling in the world of Harry Potter! In the muggle version, 7 players "ride" brooms while trying to score points for their team by getting the quaffle through one of the 3 hoops on the opponents' end of the field. All the while the seekers are trying to catch the snitch to end the game. This is an easy to learn, fast-paced, fun game! Harry Potter lovers and athletes both will love this.

1513.143 9/15/15 Tue 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

### NERF BATTLE *NEW!* Grades K-5

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

As a fan of "Clarence", he says "Some is good, more is better". And that applies to Nerf Battle! Getting a dozen like-minded kids, dozens of shooters, and thousands of rounds of ammo to participate in Nerf Battle is the ultimate game. All supplies and protective eyewear provided. Each week will feature a different tactical game lead by our "Sergeant" Coach. On week 7 we will use our inflatable bounce house and end with a last-player-standing tournament. Players may bring their own equipment but please be sure they are labeled with a last name. Please do not send ammo.

1513.144 9/15/15 Tue 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

# LACROSSE *NEW!* Ages 12U

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Players will learn basics of ball-handling, passing and catching while stationary and moving. Players will get practice scrumming, shooting at goals, and play scrimmages. Required equipment: lacrosse stick, helmet with face guard, mouth guard, and gloves.

1513.145 9/16/15 Wed 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

### KICK BALL JUNIOR *NEW!* Grades K-1

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

The classic and perfect gym game. Kicking, running, catching, throwing, no gear needed, team play, and fun first and foremost. Play on our turf field and get the chance to punt a ball over the left fielder's head and head for home. 1513.146 9/16/15 Wed 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

### **Creative Arts**

Ages 13+

#### JUST ONCE GUITAR FOR BUSY PEOPLE

Instructor: Gary Ashton, IKI Inc.

Have you ever wanted to learn the guitar but difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For more information go to justonceclasses.com. Topics include: how chords work in a song, how to form the three main types of chords, how to tune your guitar, and basic strumming patterns, how to buy a good guitar (things to avoid), how to play along with simple tunes. A \$29 material fee for book and DVD will be collected in class.

1515.001 10/19/15 Mon 1 session 6:30-9:00 pm \$30 Crary Campus

# WATERCOLOR FOR EVERYONE Age 16+

Instructor: Cecilia Proulx Phipps

Learn to paint with purely transparent colors to create stunning paintings of flowers, leaves, sunsets and more! No prior experience necessary although painters on all levels are welcome to join the fun! The first class will demonstrate technique and explain supplies needed.

1515.002 9/22/15 Tues 9 sessions 6:00-8:30 pm \$90 Crary Campus 1515.003 9/24/15 Thurs 9 sessions 6:00-8:30 pm \$90 Crary Campus

#### DRAWING FOR FUN Age 12+

Instructor: Larry Phipps

Every time you write your name or doodle on a scrap of paper you're drawing and making art. Explore your artistic side in color and black and white. Learn the basics in making good pictures. Supply list provided at the first class. Bring any art supplies you may have and a note pad. This class is for beginners and advanced students.

1515.004 9/23/15 Wed 9 sessions 6:00-8:30 pm \$80 Crary Campus

### CHESS *NEW!* Grades 3-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Exercise your thinking skills and try to outsmart your opponent. Beginner to advanced chess players will learn basic techniques as they play against like-minded players and our staff. They'll learn how to use a score clock, partake in a tournament, and track their moves. Chess is a game of skill and will develop critical thinking skills that will last a lifetime. All kids will receive their own chessboard, pieces, and scorebook.

1515.005 914/15 Mon 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

#### POKEMON NEW! Grades 4-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Who shall overcome all opponents to win the title of Pokemon Master? Rise to the challenge and battle worthy foes whose sole purpose is to lay waste to your Pokemon strategies. In these weekly showdowns, contestants will draft their armies, trade warriors with their enemies and enter the ring of battle. Paralyzing, evolving, attacking and all basic strategies will be honed in the arena. Pokemon cards will be supplied for kids to use in this camp. Our library has over 7,000 cards in it for every situation imaginable. Kids are welcome to bring their own cards to show but no trading/plaving allowed.

1515.006 9/16/15 Wed 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

## MINECRAFT *NEW!* Grades 3-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Here's your chance to get your little miners off the screen, out of the house, and engaged in fun, cool activities based on Minecraft! Players will spend the sessions engaged in crafts and games, all centered around Steve, creepers, redstone and more. We will use our own tools to mine ore, create duct tape tools and game characters, create our own creeper and partake in a mining haul guest.

1515.007 9/14/15 Mon 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

### LEGO *NEW!* Grades K-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

Our Lego inventory is huge and always growing! We have a stock of nearly 20,000 pieces for the kids to construct their own original creations. Players will be challenged with inventive construction projects. Construct the tallest tower that supports 10 pounds. How many "passengers can safely float in your Lego boat? Construct a bridge that holds a camp counselor! This camp will encourage the development of problem solving skills, cooperation, spatial concepts, creativity and imagination. Kids will be grouped by age.

1515.008 9/17/15 Thurs 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

# CAR RACING *NEW!* Ages 4-7

Instructor: Oakland Yard Athletics, 5328 Highland Road, Waterford

All players will get their own personal electric car to ride while they learn the "rules of the road", parking, negotiating four-way stops, merging into traffic, obeying traffic signs, all while leading up to their big educational race week 7. This e-race will feature teams of drivers and cars as they solve multiple problems together. We promise to education and entertain your little driver wannabe.

1515.009 9/17/15 Thurs 6 sessions 5:00-6:30pm \$90 Oakland Yard Athletics

### **Enrichment**

# DIVORCE: WHAT YOU NEED TO KNOW Age 18+

Instructor: Diane M. Twitty

Are you or someone you know contemplating divorce? This course will provide the information needed to help familiarize you with the legal process of divorce. Child custody, division of assets, alimony and a number of other divorce related topics will also be discussed. Spouse may attend at no additional charge.

1518.001 10/06/15 Tues 1 session 7:00-9:00 pm \$15 Crary Campus

#### PUPPY TRAINING WITH TOTAL DOG Dogs 6 months and under, Owners Ages 13+

Instructor: Julie Bennett

Let us show you how to take your puppy from "wild child" to having manners. Puppies get socialization (and get tired) and have fun while learning the basics and more! Your own puppy will amaze you! Julie Bennett is Michigan's only trainer to have hosted and worked with Cesar Milan, National Geographic's The Dog Whisper. FIRST DAY ONLY: Meet at 9:30am. Dogs 6 months and only need proof of rabies vaccination.

1518.002 9/26/15 Sat 7 sessions 9:00-9:50 am \$110 Crary Campus

#### DOG TRAINING WITH TOTAL DOG Dogs 6 months and older, Owners Ages 13+

Instructor: Julie Bennett

Does your dog pull on the leash, jump on people, and not come when called? These and many other behaviors can be re-shaped with this fun and informative class. Basic commands and so much more will be taught. Julie Bennett is Michigan's only trainer to have hosted and worked with Cesar Milan, National Geographic's The Dog Whisper. FIRST DAY ONLY: Meet at 9:30am. Dogs 6 months and only need proof of rabies vaccination.

1518.003 9/26/15 Sat 7 sessions 10:00-10:50 am \$110 Crary Campus

# PERFECT PIEROGIES NEW! Ages 16+

Instructor: Andrea Janssen

In this fun, hands-on class you'll make about 2 dozen fresh and delicious pierogies from scratch overstuffed with fillings YOU get to choose! Learn how to flavor and season your dough and ways to create endless varieties of savory or sweet fillings. Once you've made homemade pierogies you'll never buy store brands again! Send an EMAIL to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring.

1518.004 10/20/15 Tues 1 session 7:00-9:30pm \$30\* Crary Campus \*No Senior Discount

#### FUN & YUMMY HOLIDAY APPETIZERS *NEW!* Ages 16+

Instructor: Andrea Janssen

Join us in this fun class where you'll create dozens of these much loved soft and flaky cookies with your choice of sweet fruit fillings! We'll be using the traditional cream cheese dough recipe too. Cookies will be ready to be baked at home (or freeze them and bake for your holidays)! Send an EMAIL to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring.

1518.005 12/02/15 Wed 1 session 7:00-9:30pm \$30\* Crary Campus \*No Senior Discount

#### HOLIDAY POLISH KOLACHKY COOKIES *NEW!* Ages 16+

Instructor: Andrea Janssen

\*No Senior Discount

Wow your family and friends with dozens of cute and colorful appetizers on your holiday table! In this fun class you'll create adorable mini cheese penguins, little cucumber Christmas trees with presents, stained glass mini bagel wreaths, crunchy pickles in a winter blanket, and a darling Frosty the Snowman cheeseball centerpiece! Send an EMAIL to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring. 1518.006 11/18/15 Wed 1 session 7:00-9:30pm \$30\* Crary Campus

### HOMECOMING MAKEUP WORKSHOP NEW!

Ages 15-18 or current high school student

Instructor: Kim DeCovich

Are you or your daughter getting excited for the big homecoming dance? Let's face it...you're going to want a rockin' glamour look! Learn how to create your very own homecoming makeover. You'll be taught the latest in eye shadow and liner techniques, foundation and bronzing dos & don'ts as well as the perfect lip application. This course is designed for mothers and daughters to register as a "couple". A \$2 material fee will be collected by the instructor at the start of class. Bring hair tie back or clips.

1518.007 9/21/15 Mon 1 session 6:30-8:30pm \$25 Crary Campus

# CONFIDENCE IN COSMETICS NEW! Ages 18+

Instructor: Kim DeCovich

Are you tired of the "cosmetics graveyard" in your bathroom? Have you tried numerous things that just don't perform as promised? Are you confused by all the skin care and cosmetic commercials? Then this class is for you! No hype, just facts. Learn what you can do to "lift your look" that doesn't involve plastic surgery. You'll learn from a professional beauty consultant how to create a smooth, beautiful, healthy appearance with age-fighting skin care. Plus you'll be taught a daily glamour routine just for you. You'll be amazed at what updating your look can do for your attitude. A \$2 material fee will be collected by the instructor at the start of class. Bring hair tie back or clips.

1518.008 9/24/15 Thurs 1 session 6:30-8:30pm \$25 Crary Campus



#### SELF-DEFENSE FOR KIDS NEW! Ages 6+

Instructor: Live Safe Academy, LLC Have fun and learn to be safe at the same time! Learn real self-defense and practice on an instructor wearing a padded suit. You'll also learn fire safety, how to use 911, stranger awareness, drug resistance, gun accident prevention and more. Cartoons, physical activity, and classroom games are just some of the fun activities in this after school "party". It's an investment into a lifetime of safety.

1518.009 9/23/15 Wed 6 sessions 4:15-5:15pm \$60 Haviland

#### SELF-DEFENSE FOR WOMEN NEW! Ages 12+ (18 or younger must be

#### accompanied by a participating adult)

Can you defend yourself against a violent attack? Do you have the knowledge, skill and confidence to defend your family? You don't have to spend years training in an expensive program. Learn simple, lifesaving skills from programs designed to increase your safety and after only one class. Our hands on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, these courses instill confidence by building on success. You are coached according to your own rate of progression. No previous training required.

1518.010 10/21/15 1 session Wed 6:30-8:30pm \$35 Crary Campus

#### **SAFE ON CAMPUS NEW!** Ages 12+ (18 or younger must be accompanied by a participating adult)

Statistically women are in the greatest danger twice in their life: when they are attending col-

lege and when they are senior citizens. But the most common crimes against women are easy to avoid if you know how to recognize the warning signs and you know what to do. Learn "realworld" self-defense for every-day people from an instructor who has taught self-defense in colleges since 2003. The safety of your college student is worth this two-hour class.

1518.011 11/18/15 Wed 1 session 6:30-8:30pm \$35 Crary Campus

# Business & Finance

#### **PUTTING YOUR HOUSE IN ORDER: UNDERSTANDING WILLS, TRUSTS** AND PROBATE

Age 18+

Instructor: Daniel A. Gwinn, B.S., J.D. For the last 12 years this estate planning class has helped many Waterford residents get their houses in order! Discover for yourself why putting your house in order is a good idea for adults of any age. Learn the essentials of basic estate planning and get the peace of knowing that the assets you worked so hard to accumulate are protected. You will learn about wills. trusts, powers of attorney, joint ownership of assets, health care directives and the probate process. Previous students have described this popular course as "fun, informative, and a great presentation". The instructor is an experienced attorney with a knack for making the topics easy to understand. You are invited to bring your spouse at no extra charge. If your spouse is attending his/her name must be included on registration form.

1516.001 10/20/15 Tues 1 session 6:00-8:30 pm \$25 Crary Campus

#### **VOICE-OVERS...NOW IS YOUR TIME!** Age 18+

Instructor: Tom Force

Now hear Guy LIVE as he illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Guy will show you a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices. This exciting and fun class could be the game changer you've been looking for! (A former DJ, Guy is a voiceover talent for both commercials and industrials. He has done voice work for Cigna, AT&T, GE, and many more.) 1516.002 10/13/2015 Tue 1 session 6:30-8:30 p.m. \$25 Crary Campus

# COMMUNITY EDUCATION and POOL & FITNESS REGISTRATION FOR CLASSES ON PAGES 6-32 ONLY

#### **HOW TO REGISTER:**

- · Online at www.wsdmi.org/learn (see below )
- In person at the Pool & Fitness Centers or at Crary Campus.
- By mail: Send the registration form located on page 25 to 501 N. Cass Lake Road, Waterford, Ml.
- **Bv fax:** 248.706.4888

We accept cash, check, money order, American Express, Visa and MasterCard. Checks should be made payable to Waterford School District. Returned checks will be subject to a \$25 administrative charge by our office. We offer a 10% discount for adults who are age 60 or older. Some class restrictions apply.

#### **POOL & FITNESS CENTER CLASSES**

Kettering 248.673.9969 Mott 248.674.6360

Beginning registration dates for participants are as follows:

Pool & Fitness Members August 14
WSD Residents August 17
Non Residents August 24

Registration will be during normal business hours at the Pool & Fitness Centers M-F 5:30 am-9:00 pm, Sat. 7:00 am-6:00 pm, Sun.9:00 am-5:00 pm and Crary Campus registration hours listed below.

#### **COMMUNITY EDUCATION CLASSES**

248.706.4868

Crary Campus will accept registrations

Beginning August 17 7:30 a.m. - 4:30 p.m.

**Refunds:** Refunds must be requested in writing at least 10 days prior to the first day of class for the full amount to be refunded to the participant.

If the request is less than 10 days before the class, a \$10 service fee will be deducted and the remainder credited to the participants Community Education account. The credit can be used for future classes offered through Waterford Community Education.

If the request is received after the first day of class but prior to the second day of class, the refund will be prorated and credited to the participant's Community Education account and subject to a \$10 administrative fee. Refunds will not be issued after the second class.

A full refund will be issued if a class or program is cancelled by Waterford Community Education.

#### **SEE MAP ON PAGES 28-29**

#### ONLINE REGISTRATION NOW AVAILABLE!

Go to www.wsdmi.org/learn click on the interactive website link "Request Account". Once you have your account you may browse activities and "shop" like other online buying sites! Follow instructions online to complete the transition. You may also use this website to view your family's activity schedule once you are registered!

To view the most current information regarding classes, click on the interactive website link "View Activities" then activity name.

www.waterford.kız.mi.us/pfc



www.wsdmi.org/learn

# COMMUNITY EDUCATION and POOL & FITNESS REGISTRATION FOR CLASSES ON PAGES 6-32 ONLY

#### **WATERFORD COMMUNITY EDUCATION - CRARY CAMPUS**

501 North Cass Lake Road • Waterford, MI 48328 Phone: 248.706.4868 • Fax: 248.706.4888

	First Name	Dot	e of Birth	_ □ Male □ Femal	
Participant's Last Name	riisi ivaille	Dai	e oi bilui		
Street Address .	City	Zip Code		Grade (Fall)	
Home Phone	Cell/Night Phone	E-ma	ail to receive copy	of receipt	
For Camp T-Shirt Only: (circle one) You	ith: L Adult: S M L XL X	XL			
Activity # Course Name	Start Date	Time	Location	Fee	
Activity # Course Name	Start Date	Time	Location	Fee	
isa MC Charge Card #	ecks should be made payable to Wate	Exp.[	Date	_ 3 digit Code	
or Office Use Only	MC#				
te Received	Received by				
ledical conditions or special needs we sh	ENCY & HEALTH INFORM				
			•		
dedical conditions or special needs we sh	ould be aware of:	Addr		n above)	
ledical conditions or special needs we sh Parent/Guardian Last Name Parent Work Phone	ould be aware of: First Name	Addr E-ma	ess (if different fron	n above)	
Parent/Guardian Last Name	First Name  Cell/Night Phone  be called in case of illness/emergency	Addr E-ma	ess (if different fron	n above) of receipt	
Parent/Guardian Last Name  Parent Work Phone  Please list individual (other than you) to the participate ou remain fully responsible for any legal eader(s) securing medical services includit tood that the Waterford School District do the work of the participate of the participate ou remain fully responsible for any legal tood that the Waterford School District do	First Name  Cell/Night Phone  be called in case of illness/emergency	Addi E-ma r: Telephone # turn the following ersonal actions. Ye in their judgment, so for injuries that in	ess (if different fron ill to receive copy of Telephone statement of conser u also authorize an auth services are ne any be associated w	n above)  freceipt  #  nt and release of liability of consent to the active consent to the active cossary. It is also und	

### WSD Pool & Fitness Centers

#### **SCHEDULES**

Seasonal schedules are available at both Pool & Fitness locations for open swim, lap swim and track use. These schedules are subject to change without advance notice. Our goal is to provide safe and reasonable access to all patrons and program participants whenever possible, which may include occasional rental groups. We appreciate your cooperation.

### **Pool Rules**

#### **IMPORTANT POOL AREA RULES**

- Youth 10 and under must be directly supervised by a responsible person at least 16 years of age. Non-swimmers must have an adult in the pool within arms reach at all times.
- Only coast guard approved lifejackets or vests are allowed. The use of these items requires parent/guardian to be within arms reach of the youth at all times. Toys may not be brought into the pools.
- Avoid water activities if you have had diarrhea or a contagious disease in the past two weeks.
- Children who are not toilet trained must wear tight fitting plastic pants over a cloth or swim diaper.
- An appropriate bathing suit is required for swimming, no street clothes in the water.
- Lap Swim -You may need to share your lane with other swimmers. Remember to circle swim, always staying to the right side.
- Food/drink not permitted in the pool area. Plastic water bottles only. Gum is prohibited.

#### **BIRTHDAY PARTIES!**

The Pool and Fitness Centers offer a Multi Purpose Room for a convenient swimming party! Packages include 2 hours of room and swimming for up to 20 kids. Call 248-673-9969 or email pfc@wsdmi.org for more information.

#### REGISTRATION

Refer to pages 19 & 20 for convenient ways to register, registration form and refund policy. Registration Begins:

Members Aug. 14

Res Aug. 17 Non Res Aug. 24

### Fitness & Health

#### PERSONAL TRAINING

One-on-one training designed to help you reach your fitness goals safely, with faster results. Our trainer can help you decrease body fat, increase energy, improve eating habits, build muscle strength and manage injury.

M R NR 9033.111 1 session/1 person \$45 \$50 \$60 9033.112 6 sessions/1 person \$225 \$250\$300

#### ZUMBA Age 12 +

Instructor: Kelley Ballard

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin, international, hip-hop, rock and dance music. It is intended for you to have fun while not even realizing that you are getting an incredible workout. This class is intended for everyone! Bring water.

Location: Mott MPR

1535.431 9/23/15 Wed 7:15pm 6 weeks 2535.431 11/4/15 Wed 7:15pm 7 weeks

#### Aqua Zumba - Just Add Water

And Shake Instructor: Kelley Ballard Splash your way into shape with an invigorating low-impact aquatic exercise. Integrating the Zumba philosophy with traditional aquatic fitness disciplines, Aqua Zumba blends it all together into workout that's cardio-conditioning, bodytoning, and most of all, exhilarating beyond belief. I ocation: Mott Inst. Pool

1545.411 9/21/15 Mon 7:15 pm 6 weeks 2545.411 11/2/15 Mon 7:15 pm 7 weeks

 ZUMBA Fees:
 M
 R
 NR

 6 weeks
 \$30
 \$35
 \$40

 7 weeks
 \$35
 \$40
 \$45

 (\$6 Drop – In, pay at PFC desk)

# **Specialty Aquatic**

#### LIFEGUARD TRAINING

This American Red Cross course provides professional training for individuals' ages 15 years or older. Upon successful completion you receive a Lifeguard Training Certificate, which includes first aid, AED and CPR for the Professional Rescuer. Participants are required to pass a water skills test the first class. Prerequisites are treading water with no hands (2 min.), retrieval of a ten-pound brick from the bottom of the pool and completing a non-stop 300-yard swim (12 lengths). Attendance is required at all classes. The course fee is \$180.00 per person. Go www.redcross.org/en/takeaclass for text book. Activity # Date Day Time 1430.001 Mon 12/21, 12/28 9:00am - 4pm Tue 12/22, 12/29 9:00am - 4pm (4 dates) @ Kettering

#### **BRAVO! DIVING CLUB**

Bravo! Diving is a year round competitive diving club for all ages. Our club offers classes for all levels starting with beginner or learn to dive, continuing on through Junior Elite competitive team. Each diver will be taught proper safety on the diving board along with technique and mechanics while learning jumps, dives, flips and more! Diving is a wonderful sport that helps to build self-esteem, hand eye coordination and spatial awareness. Please email bravodivingclub@gmail.com for more information!

All Bravo! Lesson program members MUST join USA Diving annual fee in order to participate in the class. The USA Diving fee is a yearly fee of \$12 – for a limited athlete which will provide insurance coverage for the diver from September 1st, 2015-August 31st, 2016.

#### Learn to Dive – level 1 – Beginner

This level is for beginner level divers, anyone with little or no experience in springboard diving. Anyone who can swim to the side of the pool once they have jumped off the board can participate in the class. Divers will have instruction on proper basics and mechanics on the 1 meter diving board, including jumps, hurdles and basic dives. This level runs monthly: Choice of days: Sunday 12:00-1:00 and Monday, Wednesday, 5:00-6:00 pm

1x week (4 lessons) \$75 2x week (8 lessons) \$120

#### Learn to Dive – level 2 – Advanced Beginner

This level is for an advanced beginner diver, who has successfully completed the skills in learn to dive- level 1- and who knows the diving terms and positions. Divers should know front and back jumps, a front line up and back line up. Divers will have instruction on proper basics and mechanics on the 1 meter diving board, including jumps, hurdles and basic dives. They will also work on the 3 meter diving board. Participation in local meets will be encouraged. This level is run monthly: Choice of days: Sunday 12:00-1:15 and Monday, Wednesday 5:00-6:15 p.m.

1x week (4 lessons) \$90 2x week (8 lessons) \$135

#### Learn to Dive - level 3-Intermediate

This level is for divers who were successful in advanced beginner — level 2. Divers should know a front dive, back dive and inward dive on 1 meter and, as well as front and back jumps and front line up on 3 meter. The divers will have instruction on deck work for core strength training, trampoline and diving on both the 1 meter and 3 meter diving boards. Participation in local meets will be encouraged. This level is run monthly: Choice of days: Sunday 1:15-2:30pm and Monday, Wednesday 6:15-7:30pm and Tuesday 7:30-8:45pm

2x week (8 classes) \$135 3x week (12 classes) \$155

# Learn to Dive - level 4- Advanced Intermediate

This level is for divers who were successful in the Intermediate — level 3 - Divers should know a front flip, back dive tuck, back flip, front flip with a twist on 1 meter. They should also know, back line up, front dive and inward dive on 3 meter. These divers will continue to have instruction on deck work for core strength training, trampoline and diving on both the 1 meter and 3 meter diving boards. Participation in local meets will be encouraged. This level is run monthly: Choice of days: Sunday 1:15-2:45pm and Monday, Wednesday 6:15-7:45pm and Tuesday 7:30-9pm.

2x week (8 classes) \$145 3x week (12 classes) \$165

#### **High School**

This class is designed for those divers who wish to compete or already have a competitive high school list who wish to maintain their skills in the off season. Divers will mainly focus on the 1 meter spring board to prepare for their diving seasons, working on improvement of their current dives and skills. Participation in local meets will be encouraged. This level is run monthly: Choice of days: Sunday 2:00-4:00 and Monday, Wednesday 7:00-9:00pm

2x week (8 classes) \$175 3x week (12 classes) \$195

#### **About the Swim Lesson Program**

This fall our swim lesson program will follow the newly updated American Red Cross Learn-to-Swim program. The program consists of Parent and Child levels (2), Preschool Levels (3) and Learn to Swim Levels (6) and Adult courses. Please read the course descriptions for placement. Additional information is found on-line or at our registration desks. We will keep our small instructor to participant ratios and continue to pass out progress sheets or certificates at the end of each session.

#### **FALL SESSION DATES**

This fall we will offer two sessions of classes. NOTE: Classes meet one day per week, 6 lessons total. Parent and child through Preschool Aquatic levels are 35 minutes and the Learn To Swim levels are 50 minutes in length.

Session 1 Classes begin: Sept. 19 Session 1 Classes end: Oct. 25

Session 2 Classes begin: Oct. 31 Session 2 Classes end: Dec. 17 Sat. classes will be at Mott on Nov. 21, 5 weeks No classes Nov. 7, 25-28

#### **FEE CODES**

M Discounted fee for Members
R Preferred fee for WSD Residents

NR Non-Resident fee

#### **LESSON FEES**

Parent & Child and Preschool Aquatics Levels- 35 min.

6 LESSONS M \$39 R \$48 NR \$58 5 LESSONS M \$33 R \$39 NR \$46 Learn To Swim and Adult Levels – 50 min.

6 LESSONS M \$46 R \$55 NR \$67 5 LESSONS M \$38 R \$44 NR \$54



Infant Swimming Resource (Ages 6 months - 6 years)

More Information and to Schedule Lessons Contact:

Kim Moore @ Mott High School Certified ISR Instructor 248-662-8868 k.moore@infantswim.com

# Swim Lessons

#### **GROUP DESCRIPTIONS**

Parent & Child Level 1 Ages 6 mo.- 3 yrs

Familiarize infants and toddlers with the water and teach swimming readiness skills. Provides safety information for parents and teach techniques parents can use to orient their children to the water. (35 min.)

#### Parent & Child Level 2 Ages 6 mo.- 3 yrs

Improve skills learned in Level 1 and teach more advanced skills. Continue to build on water safety knowledge. (35 min.)

### PRESCHOOL AQUATICS About 3.5 – 5 yrs PA Level 1

Familiarize preschool age children to the aquatic environment and help them acquire rudimentary basic aquatic skills. Helps participants begin to develop positive attitudes and safe practices in and around water. (35 min.)

#### PA Level 2

Build on and improve skills learned in PA 1. Increase knowledge of water safety topics in PA 1.

#### PA Level 3

Increase proficiency and build on the basic aquatic skills learned in PA 1 & 2. Reinforce water safety concepts and skills introduced in earlier levels and introduce additional water safety topics.

#### LEARN-TO-SWIM

about 6 yrs – 13 yrs, 50 Min. Classes

#### LTS Level 1

#### Introduction to Water Skills

Orient participants to the aquatic environment and help them gain basic aquatic skills.

#### LTS Level 2

#### **Fundamental Aquatic Skills**

Build on the basic aquatic skills and water safety skills and concepts learned in LTS 1.

#### LTS Level 3 Stroke Development

Builds on the skills learned in Level 1 & 2 to help participant achieve basic water competency in a pool environment.

#### LTS Level 4 Stroke Improvement

Improve participants' proficiency in performing the swimming stokes that were introduced in Level 3.

#### LTS Level 5 Stroke Refinement

Help participants refine their performance of all six swimming strokes (i.e., front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).

#### Adult 1 (Ages 14+) Learning the Basics

Gain basic aquatic skills and swimming strokes. Teach skills and concepts needed to stay safe in and around water and to help themselves or others in an aquatic emergency. (50 min.)

#### Adult 2 (Ages 14+) Improving Skills & Swimming Strokes

Improve participant's proficiency in basic aquatic skills and the six basic swimming strokes. Teach skills and concepts needed to stay safe in and around water and to help themselves or others in an aquatic emergency. (50 min.)



CLASS SCH	JENIJI E		
	Mo/Th 6 classe	۰۵	
10:45am	PA 1	1533.111	Mon Cont 21
10:45am	PA 2	1533.212	Mon Sept. 21 Mon Nov. 2
10:45am	P & C 1/2	1532.141	Thur Sept. 24
10:45am	PA 3	1533.342	Thur Nov. 5
10.434111	IAU	1000.042	THUI NOV. J
Time	Level	Fall 1	Fall 2
		Act. #	Act. #
KETTERING -	Monday		
5:00pm	PA 1	1533.111	2533.111
5:00pm	LTS 1	1536.111	2536.111
5:40pm	PA 2	1533.211	2533.211
6:00pm	LTS 2	1536.211	2536.211
6:20pm	P & C 1/2	1532.111	2532.111
7:00pm	LTS 3	1536.311	2536.311
7:00pm	Adult 1	1530.111	2530.111
MOTT - Tueso	day		
5:00pm	LTS 3	1546.321	2546.321
5:20pm	PA 1	1543.121	2543.121
6:00pm	PA 2	1543.221	2543.221
6:00pm	LTS 1	1546.121	2546.121
6:40pm	PA 3	1543.321	2543.321
7:00pm	LTS 4	1546.421	2546.421
KETTERING -	Wednesday		
5:00pm	LTS 3	1536.331	2536.331
5:20pm	PA 2	1533.231	2533.231
6:00pm	LTS 2	1536.231	2536.231
6:00pm	PA 3	1533.331	2533.331
6:40pm	LTS 1	1536.131	2536.131
7:00pm	LTS 5	1536.531	2536.531
MOTT - Thurs	sdav		
5:00pm	PA 2	1543.241	2543.241
5:00pm	LTS 2	1546.241	2546.241
5:40pm	PA 3	1543.341	2543.341
6:00pm	LTS 3	1546.341	2546.341
6:20pm	P & C 1/2	1542.141	2542.141
7:00pm	Adult 2	1540.241	2540.241
KETTERING -	Saturday		
9:00am	LTS 4/5	1536.461	2536.461
9:00am	LTS 2	1536.261	2536.261
10:00am	P & C 1/2	1532.161	2532.161
10:00am	LTS 1	1536.161	2536.161
10:00am	LTS 3	1536.361	2536.361
10:40am	PA 1	1533.161	2533.161
11:00am	PA 2	1533.261	2533.261
11:00am	PA 3	1533.361	2533.361

## Swim Club

#### KINGFISH AQUATIC SWIM CLUB

Kingfish Aquatics is a year round USA Swim Club. We are also a member of the United Swim League. The purpose of a swim team is to teach and refine techniques for all four

of the competitive strokes along with setting personal and team goals. Our Head coach is Brad Brockway.

REGISTRATION AND FEES: See http://www.kingfishaguatics.com

Group descriptions are listed below:

#### Explorer 1

Swimmers who are able to swim 1/2 length of the pool who are interested in exploring club swimming. These swimmers can complete in meets when they are able to complete one length of the pool (25 yards). The group swims once a week (Thursdays) with practices of 45 minutes long. This is geared to make swimming fun with games and relays at the end of the practice. Criteria to move to "Explorer 2 or 4", successfully compete in a freestyle and backstroke events in a USA Swimming meet and a desire to develop better skills.

#### Explorer 2

Swimmers who are able to swim one length of the pool (25 yards) front crawl without stopping. Swimmers have knowledge of the four competitive strokes and swim them legally. Swimmers will train up to twice a week for an hour each practice. Training spends a lot of time working on stroke development, while introducing them to dry land to help build core strength. Criteria to move to "Explorer 4", successfully compete in a freestyle and backstroke events in a USA Swimming meet and a desire to develop better skills.

#### Explorer 4

Swimmers who are able to swim one length of the pool (25 yards) front crawl without stopping. Swimmers will train up to four times a week for an hour each practice. Training spends a lot of time working on stroke development, while introducing them to dry land to help build core strength. Criteria to move to "Development" successfully compete in a butterfly, freestyle and backstroke events in a USA Swimming meet and a desire to develop better skills.

#### Development

Swimmers who can swim all four competitive strokes legally. Training will emphasize proper stroke technique, including starts, turns and stroke finishes. Swimmers will train up to three days per week for 2 hours each practice. At this level the dry land continues to challenge the athletes and helps them develop to the next level. Criteria to move to "Endurance" successfully complete in a butterfly, Backstroke, breaststroke and freestyle events in a USA meet. They also need to be able to hold 2:00 or better per 100 freestyle.

#### **Endurance**

Move from development to building endurance. Swimmers who can successfully swim all four competitive strokes legally and can hold 1:45 per 100 or better. Training will emphasize proper stroke technique, including starts, turns and stroke finishes. Swimmers will train up to five days per week for 2 hours each practice. At this level the dry land challenges the athletes and helps them develop endurance for the next level

#### Advanced

Swimmers who have mastered the basics from the Endurance level and can hold 1:30 per 100 or better. Continued work on proper stroke technique, endurance, and personal goal setting are key aspects of this level of training. These swimmers should have state cuts. Swimmers train up to five days per week, for 2 hours each practice and an optional hour of dry land each day.

#### Elite

Swimmers work on technique, endurance, goal setting and racing strategies at this level. These swimmers aspire to reach Zone, Sectional and Junior National, and National qualifications. These are serious athletes, and train up to seven days per week for 2 hours each practice, with 6 hours a week available for dry land. During the summer break from school they can take part in an additional 2 hours of practice time Monday-Friday.

#### Elite Performance

For swimmers who have demonstrated the ability to perform at the National level. They are totally committed to improving their performance at the National level. Must maintain 90% attendance year round.

#### PRACTICE SCHEDULE: KETTERING GROUPS

Explorer 1:

Thursdays, 6:15-7:00pm

Explorer 2:

Mondays & Wednesdays, 5:30 - 6:30pm or Tuesdays & Thursdays, 5:30 - 6:30pm

Explorer 4:

Mondays -Thursdays, 6:30 - 7:30pm

**Development:** 

Monday, Wednesday, and Friday 5:30 - 7:30pm

Endurance:

Monday - Friday 5:30 - 7:30pm

#### MOTT GROUPS

#### Advanced:

Monday through Friday Dry-lands 5-6pm Swim 6:00 – 8:00pm

Elite

Monday through Friday Dry-lands 5-6pm, Swim 6:00 – 8:00pm Saturdays 8 – 11 am

Sundays 9:30 am - 11:30am

Elite Performance
Monday through Friday
Swim 4:00 – 6:00pm Dry-lands 6-7pm
Saturdays 8 – 11 am
Sundays 9:30 am – 11:30am

# Water Aerobics

#### WATER AEROBIC REGISTRATION

#### **Drop-In Water Aerobics**

Do you prefer variety in your workouts or perhaps your schedule varies weekly, our "Drop-In" classes will work out perfectly. Cards will be available at the Front Desk for "daily drop-in" purchases.

WA = Water Aerobics AWE = Arthritis Water Exercise

		IVI	K	NK
WA	One	\$5.50	\$7	\$8
WA	11 Pack	\$55	\$70	\$80
AWE	One	\$4	\$5.50	\$6.50
AWE	11 Pass	\$40	\$55	\$65

10% Senior Discount does not apply to Drop-Ins!

#### **FALL SESSION DATES**

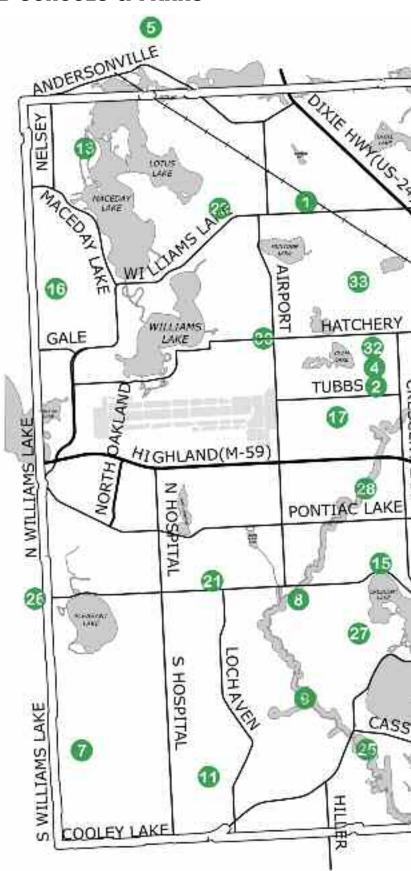
This fall we will offer two 6 week sessions.

Session 1 Classes begin: Sept. 19 Session 1 Classes end: Oct. 30

Session 2 Classes begin: Nov. 2 Session 2 Classes end: Dec. 18 Drop-in only classes: Nov. 25-28

> SWIM CONTINUED ON PAGE 32

### **WATERFORD SCHOOLS & PARKS**





#### **WATERFORD SCHOOLS & PARKS**

#### **PARKS & RECREATION BUILDINGS**

- **1. RECREATION CENTER,** 5640 N. Williams Lake Road Housing for the Golden Age Club & enrichment classes. Facilities: room rentals, ball field, picnic shelter and children's play area.
- WATERFORD TOWNSHIP LIBRARY, 5168 Civic Center Drive offers Adult, Teen & Children's programs and classes.
- WATERFORD SENIOR CENTER, 3621 Pontiac Lake Road Enrichment classes, health and support services offered.
- **4. WATERFORD CIVIC CENTER,** 5200 Civic Center Drive 52.2 acre site located off of Crescent Lake Road, between M-59 and Hatchery Road. FACILITIES: The Main Parks and Recreation office and other Township Offices, pond for skating, and four regulation soccer fields. Also part of this complex is the **Warming House:** Rental facility includes meeting room (40 person), restrooms, sink, microwave and attached pavilion with outdoor fireplace.
- **5. BAY COURT PARK,** 6970 Andersonville Road located between Airport Road and Nelsey Road. This park is a part of the Independence Township Park System, 248-625-8223.
- **DRAYTON PLAINS NATURE CENTER (DPNC),** 2125 Denby 139 acres located in the Drayton Woods Subdivision off Hatchery Rd, to Edmore to Denby. FACILITIES: Interpretive nature center building, fish hatchery ponds, hiking trails & picnic pavilion.
- 7. **HESS-HATHAWAY PARK (HESS),** 825 S. Williams Lake Road 167 acres FACILITIES: "All Kids Playground", restored 1860's farmhouse, animal exhibit barn, softball field, 4 horseshoe courts, picnic shelters, gazebo, restrooms, farm storage buildings, nature trails for hiking, also available group hayrides, farm animals and a community garden. No pets allowed.

#### **PARKS**

- **8. CLINTON RIVER CANOE SITE,** 5971 Elizabeth Lake Road 8 acres located on the Clinton River at Elizabeth Lake Road, just east of Airport Road. FACILITIES: primarily used for public canoe landing, parking lot, children's play area, picnic shelter, park grill and tables.
- **9. ELIZABETH LAKE WOODS PARK** 340 acres located off Lochaven Road and Cooley Lake Road Small parking area, primitive trails and nature preserve.
- **10. FISH HATCHERY PARK,** 4490 Hatchery Road 6.3 acres located on Hatchery Road. FACILITIES: Renovated historic village, office and museum of the Waterford Historical Society, restrooms, picnic shelters, board walk, fishing and canoe docks.
- **11. HERRINGTON PARK,** 1216 Lochaven Road 35 acres, FACILITIES: Concessions, restrooms, two lighted and irrigated ballfields, picnic shelter, children's play area and nature trail.
- **12. LIONS PARK,** 4250 Fenmore 26.5 acres located on Fenmore off Elizabeth Lake Road. FACILITIES: picnic shelter, restrooms, lighted-irrigated baseball field.
- **13. MACEDAY LAKE PARK** 7 acres located on Rich Drive, undeveloped land includes 3+ acres of inaccessible Bird Sanctuary. The parking lot is limited to 2 cars.
- **14. MARION STREET PARK** 18 acres located at the end of Marion Street off Elizabeth Lake Road. FACILITIES: paved and primitive trails with limited parking.
- **15. OPTIMIST PARK (OPT PK),** 5320 Elizabeth Lake Road 10 acres located on Elizabeth Lake Road between Crescent Lake Road and Airport Road. FACILITIES: concessions, restrooms, three irrigated ballfields, children's play area, picnic shelter and basketball court.
- **16. PONTIAC LAKE RECREATION AREA,** 3800 Gale Road located off N. Williams Lake Road. FACILITIES: offers miles of hiking/biking trails, horseback riding, beach and campground. This is run by the DNR, 248-666-1020.
- 17. ROTARY PARK, 5485 Tubbs Road 33 acres FACILITIES: picnic shelter, restrooms, concessions building, two softball fields, play area and home of Waterford Lacrosse, Waterford Corsairs and Waterford Warriors
- **18. SHELL PARK,** 4373 Dixie Hwy 13 acres located off Dixie Hwy. between Hatchery Road and Williams Lake Road. FACILITIES: three lighted softball fields with benches and stands, picnic shelter, tables, grills, children's play area, concessions and restrooms.

#### **WATERFORD SCHOOLS & PARKS**

- **19. WATERFORD OAKS COUNTY PARK (WAT OAK),** 1702 Scott Lake Road located on Scott Lake Road between Watkins Lake Road and Dixie Hwy. FACILITIES: Water Park including; wave pool, water slide, the "Big Bucket" (children under 43"), Ragin' Rapids, picnic shelters, volleyball, BMX, and Lookout Lodge. This park is run by Oakland County Parks & Recreation, 248-858-0906.
- **20. DODGE STATE PARK NO. 4,** 4250 Parkway Drive 139 Acres located off Cass Elizabeth Lake Road. Boat launch, fishing, picnic shelters, playground, swimming, hiking, cross country skiing. This park is run by the DNR, 248-682-7323.
- **25. CLINTON RIVER SOUTH,** 5250 Cass-Elizabeth Lake Rd surrounds Haviland Elementary School on three sides with 36 acres of wetlands along both sides of the Clinton River with primitive trails with limited parking.

#### **ELEMENTARY SCHOOLS**

- 21. BEAUMONT ELEMENTARY SCHOOL, 6532 Elizabeth Lake Road
- 22. COOLEY ELEMENTARY SCHOOL, 2000 Highfield
- 23. DONELSON HILLS ELEMENTARY SCHOOL, 2690 Wewoka
- 24. GRAYSON ELEMENTARY SCHOOL, 3800 W. Walton Blvd
- 25. HAVILAND ELEMENTARY SCHOOL, 5305 Cass Elizabeth Road
- **26.** HOUGHTON ELEMENTARY SCHOOL, 8080 Elizabeth Lake Road
- 27. KNUDSEN ELEMENTARY SCHOOL, 5449 Crescent Road
- 28. RIVERSIDE ELEMENTARY SCHOOL, 5280 Farm Road
- 29. SCHOOLCRAFT ELEMENTARY SCHOOL, 6400 Maceday
- 30. STEPANSKI EARLY CHILDHOOD CENTER, 6010 Hatchery Road

#### **MIDDLE SCHOOLS**

- **31.** MASON MIDDLE SCHOOL, 3835 W. Walton Blvd. located 1 mile east of Sashabaw Road. FACILITIES: track, one baseball and two softball fields, outdoor basketball court, one football/soccer field, three tennis courts and gymnasium.
- **32. PIERCE MIDDLE SCHOOL (PIERCE)**, 5145 Hatchery Road located on Hatchery Road near Crescent Lake Road. FACILITIES: Track, gymnasium, baseball and softball field, football field & soccer field.

#### HIGH SCHOOLS

- **33. WATERFORD KETTERING HIGH SCHOOL (WKHS)**, 2800 Kettering Drive located on Kettering Drive off Hatchery Road. FACILITIES: NEW FITNESS CENTER with pools, track, one baseball field, two softball fields and gymnasium.
- **34. WATERFORD MOTT HIGH SCHOOL (MOTT),** 1151 Scott Lake Road located on Scott Lake Road between Watkins Lake Road and Dixie Hwy. FACILITIES: NEW FITNESS CENTER with pools, track, two baseball fields and gymnasium.

#### **SUPPORT BUILDINGS**

- **35. COVERT CENTER**, 1150 Scott Lake Road, FACILITIES: soccer field
- **36. CRARY/KURZMAN ADMINISTRATION OFFICE**, 501 North Cass Lake Road, Waterford School District Administration Offices. North Cass Lake Road is located South of Pontiac Lake Road and north of M-59.
  - **WATERFORD COMMUNITY EDUCATION**, 501 North Cass Lake Road. Enrichment, fitness and career training classes. FACILITIES: baseball and softball fields, football/soccer field and gymnasium.

#### SWIM CONTINUED FROM PAGE 27

#### **Water Aerobics**

Are you ready for some great low-impact water exercise. We will stretch, strengthen and cardio with a variety of exercises and equipment ranging from low to moderate intensity. Water shoes are optional.

55 minute class Instr. Pool

Activity #	•	Time	M	R	NR		
SESSION	1						
KETTERING							
1531.111	Mon	9:30am	\$26	\$34	\$40		
1531.131	Wed	9:30am	\$26	\$34	\$40		
MOTT							
1541.111	Mon	9:30am	\$26	\$34	\$40		
1541.112	Mon	6:00pm	\$26	\$34	\$40		
1541.121	Tu	7:15pm	\$26	\$34	\$40		
1541.131	Wed	9:30am	\$26	\$34	\$40		
1541.132	Wed	6:00pm	\$26	\$34	\$40		
1541.141	Th	7:15pm	\$26	\$34	\$40		
1541.151	Fri	9:30am	\$26	\$34	\$40		
SESSION	2						
SESSION : KETTERIN							
		9:30am	\$26	\$34	\$40		
KETTERIN	G	9:30am 9:30am	\$26 \$26	\$34 \$34	\$40 \$40		
<b>KETTERIN</b> 2531.111	<b>G</b> Mon						
<b>KETTERIN</b> 2531.111 2531.131	<b>G</b> Mon						
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b>	<b>G</b> Mon Wed	9:30am	\$26	\$34	\$40		
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b> 2541.111	Mon Wed Mon	9:30am 9:30am	\$26 \$26	\$34 \$34	\$40 \$40		
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b> 2541.111 2541.112	Mon Wed Mon Mon	9:30am 9:30am 6:00pm	\$26 \$26 \$26	\$34 \$34 \$34	\$40 \$40 \$40		
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b> 2541.111 2541.112 2541.121	Mon Wed Mon Mon Tu	9:30am 9:30am 6:00pm 7:15pm	\$26 \$26 \$26 \$26	\$34 \$34 \$34 \$34	\$40 \$40 \$40 \$40		
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b> 2541.111 2541.112 2541.121 2541.131	Mon Wed Mon Mon Tu Wed	9:30am 9:30am 6:00pm 7:15pm 9:30am	\$26 \$26 \$26 \$26 \$26	\$34 \$34 \$34 \$34 \$34	\$40 \$40 \$40 \$40 \$40		
<b>KETTERIN</b> 2531.111 2531.131 <b>MOTT</b> 2541.111 2541.112 2541.121 2541.131 2541.132	Mon Wed Mon Mon Tu Wed Wed	9:30am 9:30am 6:00pm 7:15pm 9:30am 6:00pm	\$26 \$26 \$26 \$26 \$26 \$26	\$34 \$34 \$34 \$34 \$34 \$34	\$40 \$40 \$40 \$40 \$40 \$40		

"It is too bad people do not realize
the benefits of pre- and post-surgical exercise.
My participation in Valls low-impact water
aerobics before and after my knee surgery
contributed greatly to my speedy recovery."



- Mary Kay Sparre

#### **Arthritis Water Exercise**

Activity # Dov

Join us for a great low-impact workout. This class is great for those suffering from Arthritis or recovering from surgeries. You will get a total body and cardio workout using the resistance of the water and barbells. Please wear your own water shoes to each class. 45 minute class Mott Instr. Pool

ACTIVITY #	υay	rime	IVI	ĸ	NK	
SESSION 1	1					
1541.211	Mon	10:30am	\$20	\$30	\$37	
1541.231	Wed	10:30am	\$20	\$30	\$37	
1541.251	Fri	10:30am	\$20	\$30	\$37	
SESSION 2						

#### 2541.211 Mon 10:30am \$20 \$30 \$37 2541.231 Wed 10:30am \$20 \$30 \$37 2541.251 Fri 10:30am \$20 \$30 \$37

#### Aqua Tone & Balance

Looking for something new? This class provides a fat-burning, energy-boosting workout to start your day off right! The hydrostatic pressure of the water supports you as you move, reducing the stress on your weight bearing joints. Meanwhile, the resistance of the water gives your muscles a workout as you push your way through. All exercises can be modified to suit your individual needs. Requires no swimming skills, water shoes recommended (shoes required if you have diabetes). 55 minute/class.

Activity # Day SESSION 1	Time	M	R	NR
KETTERING				
6531.421 Tu	10:30am	\$26	\$34	\$40
6531.431 Wed	10:30am	\$26	\$34	\$40

#### SESSION 2 KETTERING

7531.421	Tu	10:30am	\$26	\$34	\$40
7531.431	Wed	10:30am	\$26	\$34	\$40

# WATERFORD TOWNSHIP PUBLIC LIBRARY

5168 Civic Center Drive Waterford, MI 48329 248-674-4831

FAX: 248-674-1910 www.waterford.lib.mi.us

Joan Rogers

Jean Hansen
ADULT AND
OUTREACH SERVICES

Cynthia Walker CHILDREN'S SERVICES

Jonathan Deahl circulation services



#### **HOURS:**

Mon. - Thurs. 9am-9pm • Fri CLOSED Sat. 10am-5pm • Sun. 1pm-5pm

#### Click on the Library! www.waterford.lib.mi.us

#### **ANNOUNCEMENTS**

**Holiday Closings:** The library will be closed Sunday Sept 6 and Monday Sept 7 on Labor Day Weekend, Monday Oct 12 for Columbus Day, Wednesday Nov 11 for Veterans Day, and Thursday Nov 26, Thanksgiving Day.

**Used Book Sales:** The Friends of the Library Used Book Sales will be held in the Community Room on the following dates: Wednesday August 12 1-8pm ● Wednesday October 28 1-8pm ● Thursday August 13 9am-8pm ● Thursday October 29 9am-8pm ● Saturday August 15 10am-12:30pm / Bag sale 1-3pm Saturday October 31 10am − 12:30pm / Bag sale 1pm-3pm

**Used Book Donations:** Used books in good condition can be dropped off in the Library's Community Room on the second Saturday of each month between 10:00 a.m. and 1p.m.

**Connect with us online:** http://waterford.lib.mi.us is where you can search our catalog, check your account and renew your items.

Subscribe to our email newsletter: http://waterford.lib.mi.us/content/online-newsletter

Follow us on Twitter: http://twitter.com/waterfordmilib

Like us on Facebook: http://www.facebook.com/WaterfordLibrary/

**OUR FRIENDS:** All library programs are sponsored with the generous support of the Waterford Friends of the Library.

**SPECIAL NEEDS:** If you have special needs that may impact your participation in any library program for any age, please contact the library at least 10 days in advance.

#### **OUTREACH Home Delivery Service**

Waterford residents who are temporarily or permanently confined to their homes may call the library for home delivery of audiobooks, large print books, regular print books, or DVDs. Please call Jean Hansen at 248-618-7682 if you are interested in this service.

<u>Online registration for library programs is now available.</u> You can get email reminders for programs you've signed up for, and even cancel your own registration if you wish. Use our calendar of events to register: http://waterfordmi.evanced.info/signup/eventcalendar.aspx

# Library - Adult Programs

\*\*Registration is required for all adult library programs.
Please call 248-618-7694, come in, or go online to register.\*\*

#### LinkedIn Workshop • Thursday September 17, 7pm

Jessie from "All Social Jessie" will present a program on using LinkedIn, the social media site used for professional networking.

#### Volunteer Fair • Saturday September 26, 2015

2:00 - 4:00 pm in the Community Room

Come see what organizations can use your time and skills to help the community.

#### The M.L. Liebler "Beatles Forever" Musical Show • Monday August 24, 7pm

Detroit area writer M.L. Liebler reads his short story "Beatles Forever: a short story about growing up in St. Clair Shores with the Beatles", accompanied by top notch local musicians playing Beatles songs live, with video clips, too. It's a multi-media show. Share the laughs, memories, harmonies and good musical fun. If you're over 50, you have to see this!

#### Boogie-woogie Blues & Ragtime Performance • Thursday, September 24, 2015, 7pm

Ragtime, Boogie & Blues pianist Matthew Ball brings his rollickin' concert of old-time piano fun with favorites like Swanee River, Waltzing Matilda, The Entertainer, Over the Rainbow, Those were the Days, Bumble Boogie, Chopsticks Boogie and so many more.

#### Time for a De-Clutter • Thursday October 1, 7pm

Soo Porter, a professional organizer, will give an "organizing 101" presentation, as well as tips on how to maintain your organized space once you have created it.

#### Silver Antiques • Wednesday, October 14, 7pm

Antiques expert Mr. Bob Ramsey will speak about a variety of silver items and do one appraisal for each attendee. Registration is required and space is limited for this program.

#### Genealogy 101 • Saturday October 3, 9:30am-1pm

An introduction to the basics of genealogical research including basic techniques, reference tools, and strategies; library research, the U.S. census as a source, the use of Ancestry and HeritageQuest, vital records, church records, and city directories. Taught by Mr. Irvin Rabideau, who has been involved in genealogical research, teaching, publication and lecturing for over 40 years.

#### Genealogy 102 • Saturday November 7, 9:30am-1pm

Topics covered include: geographic sources, brick-wall busting techniques, genealogy software evaluation and demonstration, GEDCOM files, creating web pages. Taught by Mr. Irvin Rabideau.

#### **Tuesday Evening Book Discussion Group (moderator Karen Langner)**

Discussions are every second Tuesday of each month in the Conference Room at 7:00 pm. Please register at the Adult Reference Desk and let us know if you need a copy of the book.

Tuesday, September 8 -- Orphan Train by Christina Baker Kline

Tuesday, October 13 -- The New Jim Crow by Michelle Alexander

Tuesday, November 10 -- The Magicians by Lev Grossman

# Library - Adult Programs

#### **Monday Afternoon Book Discussion Group**

Meets the third Monday of each month at 1pm in the Community Room. Stop by the Adult Reference Desk to pick up a copy of the book.

- --Monday, September 21 The Presidents Club by Nancy Gibbs
- --Monday, October 19 -- All the Light We Cannot See by Anthony Doerr
- --Monday, November 16 The Storied Life of A.J. Fikry by Gabrielle Zevin

#### **Poetry Writers' Workshop**

#### September 17, October 15, November 19, December 17

Local poet and teacher Glen Armstrong leads this monthly poetry writing workshop. Bring paper and a pen/pencil, leave with a poem. The group meets every third Thursday of the month in the library Conference Room at 7:00pm. (Teens 12 & up & Adults) Please register at the Adult Reference Desk.

#### How to borrow ebooks from the Library – drop-in help sessions Saturday September 19

10am -11:30am – All Kindle owners, please come during this time 11:30am-12:30pm – is for iPad, nook and other device owners

Bring your kindle, iPad, nook, or other device, even your laptop, and your questions. If you've tried and are having trouble, or if you've never done it before, librarians Jean and Lindsay will work with you to help you with checking out and downloading ebooks from the library. Held in the Conference Room.

# How to get e-magazines from the library with Zinio (free!) Saturday October 17 10:30am

Bring your laptop, iPad, or tablet if you have one, if not we can provide you with a laptop for this class. Limited to 5 people. We will add additional classes if needed.

# Ask the "Tech Guy" Saturday September 12 10:30am – 1pm Saturday October 10 10:30am – 1pm

Computer/technology help. One-on-one assistance with your own device or computer (bring it in with you). Our library computer technician will do his best to troubleshoot your problem, answer your questions, or advise you on what to do. Held in the Conference Room.

Please make an appointment by calling or coming in to the adult desk. Registration required.

#### FINANCIAL EDUCATION SERIES

These classes are put on by the Cygnet Institute of Personal Financial Literacy and you can be assured there is no sales agenda connected with any of them!

#### **Estate Planning with Mike Hughes**

Monday, September 14 7pm

#### **Social Security with Scott Smith**

Wednesday, October 15, 7pm Or Thursday November 19, 7pm

#### **Investment Fees with Brian Lakkides**

Tuesday September 22, 7pm

#### **Education Funding with Aaron Cary**

Thursday October 22, 7pm

#### **Budgeting with David Dieterle**

Wednesday, September 30, 7pm

#### **Income Tax Planning with Brian Weiland**

Wednesday December 9, 7pm

# Library - Adult Programs

#### **COMPUTER CLASSES**

Classes begin with a lecture in the Conference Room and are followed by a hands-on period in the library's Adult computer area. Class size is limited to 6 people. Registration is required.

#### Computer Basics for the Computer Shy • Wednesday, Sept. 16, 9-10:30am

We'll cover the absolute basics of a computer, including the parts, procedures for use, and how to move a mouse. This class is for complete computer BEGINNERS!

#### Internet 101 • Wednesday, Sept. 23, 9-10:30am

We'll cover the basics of getting online, viewing web pages, and doing basic internet searches. This class is for internet BEGINNERS who have basic computer knowledge about how to move a mouse.

#### Opening an Email Account • Wednesday, Sept. 30, 9-10:30am

We'll help you sign up for a free email account. This class is for people with basic Internet and computer knowledge who do not currently have an email account.

#### Using Email • Thursday, Oct. 8, 9-10:30am

We'll cover your address book/contacts, folders, how to search your email, how to do attachments and maybe more. For people who already have an email account.

#### Basic Microsoft Word 2010 • Wednesday, Oct. 14, 9-10:30am

We'll cover entering data, basic formatting and copy/paste. This is for people with basic computer knowledge.

#### FILLING OUT YOUR FAMILY TREE WITHOUT BREAKING THE BANK

and

#### WRITING DOWN THE BONES: PRINTING YOUR FAMILY HISTORY

Saturday October 24, 10am-2pm

Two free geneaology programs presented by Katherine Wilson, Vice President of the MIchigan Genealogical Council. Sponsored by the Waterford Genealogical Society.

# Library - Teen Programs

For teens ages 12-18. Registration is required.

#### **DIVERGENT: BOOK OR MOVIE?**

• Monday, October 19th @ 4:00 pm

Read the book before the program and come to the library for a screening of the movie. We'll compare the two and decide which is better. What did they leave out? What did they add?





# Library - Children Programs

#### STORYTIMES FOR AGES 6 MOS. - 5 YRS.

Our drop-in storytimes resume this fall on Tuesday, September 9 and will end Thursday, November 20. Storytimes for children 3 years of age and younger are 30 minutes long and include a variety of stories, songs, fingerplays, and other activities. Storytimes are held in our children's story and craft room. Children must be accompanied by a parent or caregiver. We ask that parents and caregivers arrive at least 5 minutes before storytime begins in order to get settled in. There will be no storytimes the week of October 12-15.

**Babytime (ages 6 mos. - 15 mos.) Mondays & Tuesdays - 10:00-10:30 am** First Babytime begins Monday, September 14.

**Toddlertime (ages 16 mos. to 23 mos.) Wednesdays & Thursdays – 10:00-10:30 am** First Toddlertime begins Wednesday, September 16.

**Two-Year-Old Storytime – Mondays & Tuesdays – 11:00-11:30 am** First 2-yr-old storytime begins Monday, September 14.

Three-Year-Old Storytime - Wednesdays & Thursdays- 11:00-11:30 am

First 3-yr-old storytime begins Wednesday, September 16.

#### September Is Library Card Sign-Up Month!

Students in grades K-5 who sign up for their first library card at the Waterford Township Public Library receive a coupon which can be redeemed for a free book from the Children's Department.

#### LEGO CLUB

Recommended for Ages 5 and Up

Students meet the fourth Saturday of the month to create their own Lego structure. They will be displayed in the library until the next meeting. Then the students can make new structures. We have two times in the morning for each day. Please sign up for one of the times: 10:15-11:00 am or 11:30 am -12:15 pm. Online registration is available from our website.

Saturday, September 26
Saturday, October 24
Saturday, November 21
Saturday, December 19
Registration begins Saturday, October 17
Registration begins Saturday, November 14
Saturday, December 19
Registration begins Saturday, December 12

#### **The Saturday Specials**

Recommended For ages 5 and Up

Registration begins one week prior to each program. Online registration is available on our website.

#### Star Wars Reads Day – Saturday, October 10 – 10:30-11:30a

The Force is with us once again! Celebrate reading and all things Star Wars in one place. Enjoy crafts, give-aways, and light refreshments as you view every Star Wars book the Children's Department owns. If we're very lucky, there will even be a special guest. Registration begins Saturday, October 3.

#### **Tail Wagging Tutor**

The Tail Wagging Tutor is returning this fall. Students in grades K-5 who would like to gain confidence in reading out loud will have the opportunity to read to a dog for 15 minutes. Schedule will be available by September. Please call (248) 618-7692 to reserve a time.

# Senior Center

Aging Isn't What It
Used To Be!

# WATERFORD SENIOR CENTER

3621 Pontiac Lk Rd Waterford, MI 48328

248-682-9450





#### OUR MISSION

To be the focal point in the Waterford Community for services, programs and activities associated with vital aging.

#### RECREATION/ACTIVITIES

- Arts & Crafts
- Book Club
- Bunco
- Cards
- Computer Classes/Lab
- Educational Programs
- Exercise/Physical Fitness
- Gardening
- Intergenerational Programs
- Line Dancing
- Massage Therapy
- Quilting/Needlepoint
- Poetry Club
- Tai Chi
- Recreation Room:Billiards & Darts
- Reminiscing Club
- Special Lunches
- Travel-Day & Extended
- Volunteer Opportunities
- Woodcarving & Woodshop

#### **ENCORE ADULT DAY SERVICE**

- Professional care & supervision
- Comfortable & safe environment
- Nutritious meals & snacks
- Structured recreational activities
- Transportation within Waterford Township
- Support Groups

#### INFORMATION & SERVICES

- Educational Programming
- Legal issues
- Tax Preparation
- Annual Health/Business Expo
- Focus Hope Food Program
- T.O.P.S. Weight Loss Support
- Hearing Evaluations
- Foot Screenings
- Physical Therapy Evaluations
- Referrals
- Affordable Care Act
- Medicare & Medicaid Advisor by Appointment

# Senior Center

#### TRANSPORTATION SERVICES

What we offer:

- Wheelchair transportation
- Van Service from 8:30am -3:00pm, Monday-Friday
- Curb to curb service (passengers must be mobile) to destinations anywhere within Waterford Twp. or Waterford School District
- Trips to Meijer, Kroger, Wal-Mart and local medical facilities
- 72-hour notice needed for van services
- Courteous, friendly, qualified drivers
- Clean, reliable vehicles. \$3 each way within Waterford Twp.

Senior transportation made easy and affordable!

# Meals-on-Wheels:

#### A Great Program!

The Meals-On-Wheels program provides a tasty, hot, nutritious noon meal to Waterford's homebound seniors. The program is based on individual nutritional needs not income. Optional cold evening meals, frozen weekend meals and Ensure liquid meals are also available. The meals are provided to you on a donation basis.

The amount of \$3.00 per hot meal is suggested.

Call for program eligibility 248-682-9450

# **Lunch Served**

Monday - Friday 12:00 Noon \$3 Donation over 60

# **Bistro Snack Bar**

10:30 am - 1:00 pm Soup \$1.50 Salad \$2.00 Sandwich & Chips \$2.00



The Waterford Senior Center is committed to providing seniors with: Activities, Recreation, Dining, Travel and Support Services

WWW.WATERFORD.K12.MI.US/SENIORCENTER/

# Senior Center



#### WATERFORD SCHOOL DISTRICT POOL & FITNESS CENTERS

KETTERING CAMPUS 2800 Kettering Dr 248.673.9969

MOTT CAMPUS 1151 Scott Lake Rd 248.674.6360

Visit our website for complete membership information and applications

waterford.k12.mi.us/pfc

SENIORS 60+ YEARS ALSO RECEIVE A 10% DISCOUNT ON CLASSES!

#### Water Aerobics Schedule

This Fall we will offer two 6 week sessions FALL SESSION 1: September 19-October 30 FALL SESSION 2: November 2-December 18 Drop-in only classes the week of November 25-28

For more information see page 27 & 32 Please use Registration Form on page 19

<b>Water Aerobics</b>						
Day	Time	M	R	NR		
KETTER	RING					
Mon	9:30am	\$26	\$34	\$40		
Wed	9:30am	\$26	\$34	\$40		
MOTT						
Mon	9:30am	\$26	\$34	\$40		
Mon	6:00pm	\$26	\$34	\$40		
Tu	7:15pm	\$26	\$34	\$40		
Wed	9:30am	\$26	\$34	\$40		
Mon	6:00pm	\$26	\$34	\$40		
Th	7:15pm	\$26	\$34	\$40		
Fri	9:30am	\$26	\$34	\$40		

#### **Arthritis Water Exercise - MOTT** Time NR Day М R Mon 10:30am \$30 \$37 \$20 Wed 10:30am \$20 \$30 \$37 \$20 \$30 \$37 Fri 10:30am

Deep	Water - Wate	er Aerobic	s - KETT	ERING
Day	Time	M	R	NR
Mon	7:30pm	\$26	\$34	\$40
Tu	9:30am	\$26	\$34	\$40
Th	9:30am	\$26	\$34	\$40
Wed	7:30pm	\$26	\$34	\$40

Aqua Tone & Balance - KETTERING						
Day	Time	M	R	NR		
Tu	10:30am	\$26	\$34	\$40		
Wed	10:30am	\$26	\$34	\$40		

# Senior Pool Fitness Special!

Monday - Thursday 8:00 am - 12:00 pm Seniors can use the pool or fitness center for only \$2.50!

# WATERFORD PARKS AND RECREATION FALL 2015 REGISTRATION INFORMATION

# Five Easy Ways to Register...



Walk-In to our office: 5200 Civic Center Drive, Waterford, MI 48329 Monday-Friday, 8:00AM-5:00PM/Monday-Friday, 7:30AM-4:30PM (Summer Hours)



Mail-In: Checks payable to Waterford Parks & Recreation



**Fax-In:** 248-618-7674 Download a registration form online first. This is to be used by customers paying with Mastercard, Visa or Discover only. (A convenience fee will be charged. See below for more details.) If you haven't received an emailed receipt within 24 hours, please call to verify we have received your fax.



**Phone-In:** 248-674-5441 for participants paying with Mastercard, Visa or Discover. (A convenience fee will be charged. See below for more details.)



Online Registration at www.waterfordmi.gov

There will be a \$2.50 convenience fee charge for transactions.

\*\*HELP US BE GREEN AND SAVE ON POSTAGE!\*\* By providing an email address, we are able to email your receipt.

#### REFUND POLICY

- Refunds must be requested before the second class less a \$5 service fee.
- If a class is cancelled you will receive a full refund.
- All classes must have the minimum registered or the class will not be offered. Full refunds will be processed.
- Youth League Sports Refunds must be requested PRIOR to the registration deadline and you will receive the program fee less 10%. Refunds requested AFTER the registration deadline will receive the program fee less \$10.

This refund policy will be strictly adhered. Participants are responsible for changing their own personal schedules that may conflict with the recreation class or session. If you paid with cash or check a refund check will be mailed within 3-4 weeks. If you paid by credit card/debit card you will receive a refund as described above minus the original convenience fee charged. Checks returned NSF will be subject to a \$10 administrative charge.

The Waterford Parks and Recreation Department will comply with the spirit and intent of the American with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access and participate in our recreation programs, facilities and services. Inquiries or complaints should be directed to 248-674-5441.

Credit Card Policy Waterford Parks and Recreation will charge a convenience fee for all credit card and debit card payments. Credit/debit cards will be charged 2.5% of the total purchase with a convenience fee minimum of \$3.95. Mastercard, Visa and Discover are the only cards accepted.





#### A Special Thanks to Our Donors

Canterbury on the Lake

#### \$1000 or more **Buffalo Wild Wings** Canterbury-on-the-Lake Clarkston State Bank

Friends of the Drayton Plains **Nature Center** LaFontaine Cadillac

M-59 Dairy Queen Monster Box Theater Oakland Press

Waterford Schools Pools & Fitness Center

#### \$500 to \$999 Richard Baker DDS

Billy's Tip N' Inn Blue Care Network of Michigan Cabinet Creations

Educatius International Jon Gilroy AAA Insurance Agency Gresham Cleaners **KSalt Band** McCourt's Music Michigan Chiropractic Stewart and Dean Musicians Tyler Soncrainte Unique Image Studio of Photography

#### \$250 to \$499

Walgreens

Margaret Birch, Twp. Treasurer Gary Wall, Twp Supervisor Breakfast Optimist Club of Waterford

Sue Camilleri, Twp Clerk DMC Huron Valley-Sinai Hospital Henry Ford Health System Ideas for You Leo's Coney Island So Thai Restaurant Tiny Peanut II, LLC Uncle Bucks Party Rental

#### \$100 to \$249

Kay Connelly Cooley Elementary PTO

# WATERFORD PARKS AND RECREATION FALL 2015 REGISTRATION FORM

Visit us online and register for programs at www.twaterfordmi.gov/parksandrec
\*\*Non-residents add \$5 to program fee











Online

Phone-In

Mail-In

Fax-In

Walk-Ir

# PLEASE COMPLETE ALL INFORMATION ON THE FORM. THIS FORM IS NOT ACCEPTABLE FOR LEAGUE SPORT REGISTRATIONS!

**Waterford Parks & Recreation – Payment Information** 

5200 Civic Center Drive, Waterford, MI 48329 • (248) 674-5441 • Fax: (248) 618-7674

PARENT/GUARDIAN OR PAYEE: (PLEASE PRINT) Non-Residents add \$5 to fee

		PAYEE FIRST NAME			
PAYEE LAST NAME					
ADDRESS	CITY		ZIP		
PHONE (HOME)	PHONE (	WORK)	EMAIL ADDRESS	<u> </u>	
/ISA /MASTERCARD/DISCOVER # (if paying	A /MASTERCARD/DISCOVER # (if paying by credit/debit card a convenience fee will be charged)		EXP. DATE	CVV2 CODE	
	<b>CLASS PARTIC</b>	IPANT INFORM <i>A</i>	TION:		
STUDENT #1:					
LAST NAME	FIRST		BIRTHDATE	□M □F	
CLASS NAME	CLASS #	DAY & TIME	FE	E (non-res add \$5)	
STUDENT #2:	1				
LAST NAME	FIRST		BIRTHDATE	□M □F	
CLASS NAME	CLASS #	DAY & TIME	FE	E (non-res add \$5)	
	WAIVED AND	 Release of Liabilit	v		
n consideration of acceptance o	f my registration in the progran	n(s), I do hereby, take action	for myself, my execu		
next of kin, successors, and assi property damage, property theft	gns to: (A) Waive, Release, and or actions of any kind which	I Discharge from any and all may hereafter accrue to me	liability for my death including as to my	n, disability, personal i v traveling to and fror	

In consideration of acceptance of my registration in the program(s), I do hereby, take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns to: (A) Waive, Release, and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter accrue to me, including as to my traveling to and from this event, the following entities or persons: Waterford Township and Waterford Parks and Recreation Department, its elected and appointed officials, employees and volunteers, and representatives and agents, and others working or acting in behalf of Waterford Township and Waterford Parks and Recreation Department; and to the extent permitted by law (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of or relating to my attendance at or participation in this program(s).

SIGNATURE OF PARENT/GUARDIAN OR REGISTERING STUDENT

DATE



Check us out on Facebook www.facebook.com/WaterfordParksandRecreationDepartment





Gymnastics (Ages 1-18)

Tumbling (Ages 5-18)

Dance (Ages 2.5-16)

Karate (Ages 3-18)

Piano (Ages 5-Adult)

Preschool

Competitive Cheerleading

Competitive Gymnastics

Birthday Parties

Summer Camps

Schedule available at www.StarsandStripesKids.com 4630 White Lake Rd. Clarkston, MI 48346 248-625-3547



Located in The Covert Center 1150 Scott Llc. Rd. Suite 7 Waterford, MI 48328

- Senior Graduation Portraits
- Copy and Restoration
- Class Reunions
- Publicity Photos

- Classic Children's Portraits
- # Instant Passport Photos
- Family Portraits
- Weddings and Events

Open by appointment....Call 248-674-0413

Serving the Waterford community with the finest in studio and location portraiture Since 1950

visit us on the web at www.SaylesStudio.com and on facebook

### Parent/Child

#### **BOOGIE BABIES**

Instructor: Busy Bodies

This class is a combination of movement, songs and finger plays that encourages bonding with your infant.

#### Infant

410163-01	Sa	9/26-11/14	9:30A-10A
Busy Bodies		8 wks	\$75

#### **PAINT & PLAY**

Instructor: Busy Bodies

The perfect combination of gross motor play combined with an art class that focuses on creativity and fine motor coordination.

#### Ages 2-4

Tu	9/22-11/10	11:00A-12:15P
W	9/23-11/11	11:00A-12:15P
Fr	9/25-11/13	10:00A-11:15P
	8 wks	\$135
M	11/23-12/14	11:00A-12:15P
Tu	11/24-12/15	11:00A-12:15P
	4 wks	\$70
	Fr M	W 9/23-11/11 Fr 9/25-11/13 8 wks M 11/23-12/14 Tu 11/24-12/15

#### PINT SIZED PICASSOS

Instructor: Busy Bodies

This is a "preschool' art adventure utilizing different mediums to entice your child's inner artist. Dress for mess! Supply fee of \$5 needs to be paid directly to the instructor on the first day. Class will not meet on November 26.

#### Ages 2-4

410168-01	Th	9/25-11/12	10:00A-10:45A
410168-02	Th	9/25-11/12	7:00P-7:45P
Busy Bodies		8 wks	\$80
410168-03	Th	11/19-12/17	10:00A-10:45A
410168-04	Th	11/19-12/17	7:00P-7:45P
<b>Busy Bodies</b>		4 wks	\$40

#### MUSICWISE NEW

Instructor: Busy Bodies

MusicWise classes are fun, engaging and educational music classes for children and their caregivers. The classes address each stage of childhood development. Beautiful diverse songs, singing phrases with repetition yet variety, using instruments and puppets fosters the love of music in an exciting and creative way.

#### Ages 1 1/2-4

Agus i i/L	7		
410026-01	W	9/23-11/11	11:00A-11:45A
410026-02	W	11/18-1/6	11:00A-11:45A
<b>Busy Bodies</b>		8 wks	\$90

#### TUMBLING TODDLERS

Instructor: Lisa Borkowski

This class is packed with hands-on activities for your busy toddler to develop motor skills, coordination & socialization. Children will warm-up, have "tumble" time, free play, movement to music, parachute play, bubbles and stamps. Weekly themes & parent participation add to the fun!

Ages 1-3			
410511-01	Sa	9/26-11/14	10:00A-10:45A
Ages 2-4			
410511-02	Sa	9/26-11/14	11:00A-11:45A
Ages 1-4			
410511-03	Tu	9/22-11/10	6:30P-7:15P
410511-04	W	9/23-11/11	10:00A-10:45A
410511-05	W	9/23-11/11	6:30P-7:15P
Busy Bodies		8 wks	\$85
Ages 1-3			
410511-06	M	11/23-12/14	10:00A-10:45A
410511-07	Tu	11/24-12/15	10:00A-10:45A
Ages 2-4			
410511-08	M	11/23-12/14	11:00A-11:45A
410511-09	Tu	11/24-12/15	11:00A-11:45A
Busy Bodies		4 wks	\$45
Ages 1-4			
410511-10	Tu	11/24-12/15	6:30P-7:15P
410511-11	W	11/25-12/16	10:00A-10:45A
Busy Bodies		4 wks	\$45

#### LITTLE LEARNERS

Instructor: Busy Bodies

This class is a pre-preschool independent-learning program incorporating weekly themes, art exploration, music and gross motor activities. Children need to bring a sack lunch and do not need to be potty-trained.

#### Ages 2 1/2-5

411575-01 I	M 9/	21-11/9 10	:00A-1:00P
Busy Bodies	8	wks	\$200

#### **SPORT SHORTS NEW**

Instructor: Leisure Unlimited LLC

Experience sports with fun, rotating stations where you and your child get to play mini games or accomplish sports skills and;/or individual athletic goals. Our focus is on participation while improving your child's motor skills and hand-eye coordination. Wear gym shoes. Join the fun!

#### Ages 3-5

440513-01	Tu	9/15-10/20	9:30A-10:15A
440513-02	Tu	11/3-12/8	9:30A-10:15A
Recreation Ce	nter	6 wks	\$59

Non-residents add \$5





Registration Open House

Award Winning Dance Competition Teams - Hip Hop, B-Boying, Jazz, Ballet and more 1 & 2 Act Plays - Acting, Improv, Stage Combat, Special Effects Make-up, and more



New Families
Friday, Aug 14<sup>TH</sup> • 5:00PM - 8:00PM
Returning Families
Saturday, Aug 15<sup>TH</sup> • 10:00AM - 12:00PM





FREE Registration for New Families with Ad . Classes Begin Sept 21, 2015

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- Offering Ballet, Tap, Jazz, Cecchetti, Pointe, Hip-hop, Lyrical, Toddler/Parent classes, and more!
- \*Recreational and competitive programs
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- \*Experienced, knowledgeable instructors

Forte Academy of Dance 1400 Scott Lake Rd. Ste. B Waterford, MI 48328

(248) 683-2623 / contact@fortedunce.com
Please visit us on the web for more information:

www.ForteDance.com



### Youth Dance & Fitness

#### **BALLET**

Instructor: Forte Academy of Dance

Learn basic ballet movements and technique. An endof-session showcase will take place on the last day of class. Deadline to register September 3rd.

#### Ages 3 - 6

410021-01 Sa 9/26-12/5 10:00A-10:30A

Ages 7 - 11

410021-02 Sa 9/26-12/5 11:15A-12:00P Recreation Center 10 wks \$90

No class 11/28

#### JAZZ

Instructor: Forte Academy of Dance

Learn basic jazz movements and technique. An end-ofsession showcase will take place on the last day of class. Registration deadline is Thursday, September 3

#### Ages 7 - 11

410022-01 Sa 9/26 – 12/5 12:00P-12:45P Recreation Center 10 wks \$90

No class 11/28

#### **TAP**

Instructor: Forte Academy of Dance

Learn basic tap steps and technique at a beginner level. An end-of-session showcase will take place on the last Registration deadline is Thursday. day of class. September 3rd.

#### Ages 3 - 6

410023-01 Sa 9/26 - 12/5 9:30A-10:00A Ages 7 - 11

410023-02 Sa 9/26 – 12/5 10:30A-11:15A Recreation Center 10 wks \$90 No class 11/28

#### MOTHER DAUGHTER HIP HOP

Instructor: Busy Bodies

This an unique dance experience incorporating "bonding" time while learning dance moves to today's current hits.

#### 6 & older

410422-01 Tu 9/22-11/10 7:15P-8:00P **Busy Bodies** 8 wks \$90/couple

#### **TWINKLE TOES**

Instructor: Busy Bodies

Here is your child's first independent dance experience incorporating movement to music in a creative way.

#### Ages 2 1/2-5

410028-01	M	9/21-11/09	1:15P-2:00P
410028-02	Tu	9/22-11/10	6:30P-7:15P
Busy Bodies		8 wks	\$80
410028-03	Tu	11/24-12/15	6:30P-7:15P
Busy Bodies		4 wks	\$40

#### KID FIT NEW

Instructor: Busy Bodies

Give your child a great start on a lifetime of fitness that will protect their health from some of the growing health concerns many individuals at younger ages are facing. Engage your child in physical activities that get them off the couch and away from the video games. Kid Fit is an exercise experience encouraging a healthy lifestyle in a social, supportive way. Participants should dress comfortably and bring a water bottle.

#### Ages 7-10

410027-01 F 9/18-11/6 6:00P-6:45P Ages 11-14 410027-02 F 9/18-11/6 7:00P-7:45P **Busy Bodies** 8 wks \$80

#### TUMBLING/GYMNASTICS

Instructor: Busy Bodies

Begin to learn the fundamentals of tumbling and gymnastics using floor exercise designed to enhance coordination and motor skills in a fun safe non-competitive manner.

#### Ages 4-6

410512-01 M

110012 01		0/21 11/0	11 101 01201
Ages 7-9			
410512-02	M	9/21-11/9	5:30P-6:15P
Busy Bodies		8 wks	\$90

4:40P-5:25P

9/21-11/9

#### **ADVANCED TUMBLING & GYMNASTICS**

Instructor: Busy Bodies

This program is designed for the gymnast who has mastered somersaults, handstands, cartwheels and backbends. Placement is based on instructor approval.

#### Ages 5-10

410512-03	M	9/21-11/9	6:15P-7:00P
Busy Bodies		8 wks	\$90

#### **MARTIAL ARTS**

Instructor: Lakes Area Martial Arts

Mixed martial arts of Tang Soo Do (Karate) and Judo (Grappling). Learn how to defend yourself on your feet and on the ground with confidence. Come join this exciting program especially designed to provide practical Martial Arts training and effective self defense techniques. With three Masters, and five Black belts your student will be given one on one personal attention. Half price to each additional family member. \$43 for uniform for the first time enrollees. If you have questions please leave a message at 248 830-8125.

410150-01 Tu & Th 9/1-9/29 7:00P-8:30P 410150-02 Tu & Th 10/1-10/29 7:00P-8:30P 410150-03 Tu & Th 11/3-11/24 7:00P-8:30P 410150-04 Tu & Th 12/1-12/22 7:00P-8:30P 110150-01 Tu & Th 1/5-1/28 7:00P-8:30P Recreation Center 1 month \$55 Oct., Nov. & Dec. \$43

No class 10/20 and 10/22

# Youth Sports

We now offer online registration for our league sports!! Call the office at 248-674-5441 for a username and password.

#### GIRL'S FALL BASKETBALL 3rd GRADE CLINIC

A six week clinic will focus on basic skills and drills. Girls will work with their coach along with high school basketball players. A 1 ½ hour practice will be conducted during the week, as determined by the coach. Volunteer coaches are needed. Online registration is now avail-

#### REGISTRATION: August 3 - September 28

LATE

REGISTRATION: September 29 - October 2, add \$10 WHEN: Saturdays, beginning Oct 10 6 weeks

No Clinic on 10/31

TIMF: 1 ½ hour clinic, vary between

8:00AM-5:00PM

LOCATION: Mason Middle School COST: \$60. includes a basketball

#### GIRL'S FALL BASKETBALL 4th & 5th & 6 th GRADE

4th grade instructional league, 5th and 6th grade league with playoffs. A 1 ½ hour practice will be conducted during the week, as determined by the coach. Each school needs a parent volunteer to coach a team from their school and grade. Online registration is now available!

#### REGISTRATION: August 3 – September 18

LATE

REGISTRATION: September 19 – 25, add \$10 WHEN: Saturdays, beginning October 3

4th 5th & 6th Grade (7 weeks)

No Games on 10/17

Vary between 8:00am - 5:00pm GAME TIMES: LOCATION: Kettering High School

COST: \$60

#### **GIRL'S FALL BASKETBALL 7th & 8th Grade**

Individual registration online! Eight week program. Two nights of practice prior to beginning of the season. Five regular season games + playoffs. Teams will be formed by the Program Director at the preseason practices. No team registration is permitted. PARENT VOLUNTEER COACHES WILL BE NEEDED!

REGISTRATION: August 3 – September 18

I ATF

REGISTRATION: September 19 - 25, add \$10 WHEN: Mondays 9/28 – 11/30

(playoffs included in dates)

6:00PM or 7:00PM **GAME TIMES:** LOCATION: Recreation Center

COST: \$60

#### **BOY'S WINTER BASKETBALL 3rd GRADE CLINIC**

Emphasis will be on developing basic skills, drills and participation. Volunteer coaches are needed. The clinic will focus on basic skills and drills for the first three weeks and play games the last three weeks. Boys will work with their coach along with staff from Leisure Unlimited LLC. Coaches will set up a 1 ½ hour practice time to work with the boys in addition to the Saturday clinic. Registration available online!

REGISTRATION: September 8 – December 10

Late registration December 11 - 17

WHEN: Saturdays, January 9 (6 wks)

TIMF: 1 ½ - 2 hour clinics

run between 9:00AM-Noon LOCATION: Mason Middle School \$60, includes a basketball COST:

#### **BOY'S WINTER BASKETBALL GRADES 4.5 & 6**

Emphasis will be placed on basketball skills and participation. Each school needs a parent volunteer to coach a team from their school and grade. Coaches will hold a 1 ½ hour practice weekly with their players. Registration available online!

REGISTRATION: September 8-November 12

Late Registration: November 13 - 19, add \$10 WHEN: Saturdays 12/12, 1/9, 1/16, 1/23,

1/30, 2/6, 2/13

Between 8:00AM-5:00PM **GAME TIMES:** 

I OCATION: Waterford Schools

COST: \$60

#### **BOY'S WINTER BASKETBALL** 7th & 8th Grade

Individual registration online! Eight week program. Two nights of practice prior to beginning of the season. Five regular season games + playoffs. Teams will be formed by the Program Director at the preseason practices. No team registration is permitted. PARENT VOLUNTEER COACHES WILL BE NEEDED! Players cannot currently be on a basketball roster for their school's team! Registration available online!

REGISTRATION: September 8-December 10 Late Registration: December 11-17, add \$10 WHEN: Mondays 1/4 - 2/22GAME TIMES: 6:00PM or 7:00PM I OCATION: **Recreation Center** 

COST: \$60

#### Non-residents add \$5

#### GIRL'S ELEMENTARY CHEERLEADING 3rd, 4th and 5th GRADE

3rd -5th grade instructional teams. Come cheer on your school at boys basketball games. This program includes 3 - 1 1/2 hour clinics with USASF certified cheerleading coach Julie Hauler and 5 or more games. A 1 1/2 hour practice will be conducted during the week, as determined by the coach. Each team needs a parent volunteer to coach a team from their school - no experience necessary. Each team is responsible for their cheer wear. Some schools have uniforms available; others may choose t-shirts and shorts. Teams will cheer in the winter 2016 season for 5 & 6 grade boys basketball games.

#### Registration deadline November 5, 2015

Instructional Clinics Dec. 5, 12, 19 Time: 9:00-11:00AM

Clinic Location: Crary Cost: \$60

Games & Times: Saturdays beginning Jan 2016 TBA

#### **CHEERLEADING**

Instructor: Julie Hauler, Certified USASF Coach

A fun class that will build confidence and self-esteem, while learning the basics of cheerleading. Motions, jumps, chants, cheers, and beginning level stunting skills will be taught. Last class will include a cheer routine performed to music and a small award ceremony.

#### Ages 4-6

Ages 7-10			
410421-03	M	11/9-12/14	6:00P-6:45P
410421-01	IVI	9/21-10/26	6:UUP-6:45P

C.OOD C. 4ED

410421-02 M 9/21-10/26 7:00P-7:45P 410421-04 M 11/9-12/14 7:00P-7:45P Crary 6 wks \$55

#### JUNIOR GOLF LESSONS

Instructor: Brent Davies USGTF & WGCA Certified Golf Teaching Professional & Golf Coach, Michigan/Ontario Golf Teachers Tour Player. During this four week course students will learn the fundamentals of the golf swing, proper grip, posture and alignment. The long game, iron play, chipping, putting, basic rules of the game and proper etiquette will also be covered. Youngsters will have fun hitting balls while learning the skills needed to enjoy golf throughout their lives. All equipment is provided.

#### Ages 5-14

440021-01 Tu 10/20-11/10 6:00P-7:00P Recreation Center \$70 4 wks

#### LITTLE KICKERS

Instructors: Mike & Matt Eberle

This class is designed for children who are not quite ready for league play. Skill development is enhanced with fun, creative games and activities. Shin guards are recommended. Children must bring a #3 soccer ball.

#### Ages 3-6

J			
430571-01	W	9/9-10/14	7:00P-7:45P
430571-02	W	10/21-11/25	7:00P-7:45P
Recreation C	enter	Gvm 6 wks	\$50

#### SUPER SATURDAY SOCCER

Instructor: Mike Eberle

Boys and girls ages 5-6 will learn skills, basic drills, and play small-sided zone games This is a parent/child interactive program. Children must be 5 years old by September 12, 2015. Each child needs to bring a #3 soccer ball & shin guards.

440502-01 Sa 9/12-10/17 9:30A-10:30A Civic Center Soccer -Green Field 6 wks \$50

#### **SPORTS STARZ**

Instructor: Busy Bodies

An independent beginning sports program that teaches the basic skills for soccer, baseball, basketball and kickball.

#### Ages 3½-8

 410020-01
 M
 9/21-11/9
 7:15P-8:00P

 Busy Bodies
 8 wks
 \$80

 410020-02
 M
 11/23-12/14
 7:15P-8:00P

 Busy Bodies
 4 wks
 \$45

#### **INSTRUCTIONAL ARCHERY**

Instructor: Ronald Hall

Basics of archery including safety, techniques, self-improvement, and mental concentration. Equipment is provided or bring your own (must be approved by instructors before use). This is a ten week program.

#### Ages 8 & older

110165-01 W 10/7 – 12/9 6:30-8:00P Oakland County Sportsmen's Club 10 wks \$89

#### TOUCHDOWN TODDLERS NEW

Instructor: Leisure Unlimited LLC

A fun and easy to understand introduction to football. Toddlers will learn how to throw, catch, punt and run with smaller footballs. As their skills develop, they'll learn pass patterns, snapping and kickoffs. Our focus is on participation and effort. Play is two hand touch.

#### Ages 3-5

440514-01 Tu 9/15-10/20 10:30A-11:15A 440514-02 Tu 11/3-12/8 10:30A-11:15A Recreation Center 6 wks \$59

#### **BEGINNING LACROSSE NEW**

Instructor: Leisure Unlimited LLC

A great starter program to learn the basics of holding the stick, passing, shooting, draws and player positions. Fun, progressive drills reinforce basics and develop your child's individual and team skills. Players will scrimmage during class time to improve game comprehension. Emphasis is on teamwork, sportsmanship and effort. Wear gym shoes & bring a water bottle. Trainer sticks with a larger pocket and softer balls are provided or you may bring your own stick.

#### Grades 1 & 2

440515-01 Fr	9/11-10/16	6:00P-7:00P
440515-02 Fr	10/16-11/20	6:00P-7:00P
Recreation Center	6 wks	\$55
No class 11/6		

#### INTERMEDIATE LACROSSE NEW

Instructor: Leisure Unlimited LLC

Catch the lacrosse craze. Progressive drills reinforce basics and improve individual and team skills. Players will scrimmage during class time to enhance game comprehension, sportsmanship and teamwork. Wear gym shoes & bring a water bottle. Sticks provided or you may bring your own stick. A trainer ball will be used; eyeguards recommended.

#### Grades 3 & 4

440516-01 Fr	9/11-10/9	7:00P-8:00P
440516-02 Fr	10/16-11/20	7:00P-8:00P
Recreation Center	5 wks	\$55
No class 11/6		

#### SKYHAWK'S BASKETBALL

Skyhawk's Sports Academy will introduce your child to the exciting game of basketball with our ball in hands instruction. Teaching the fundamentals of ball handling, passing, shooting and in game strategies. We provide a safe, fun environment and stress the importance of Sportsmanship as well as other valuable life lessons learned through sports. This league will provide a skill development session during the first week and league play the following three weeks. The children will be divided into teams after week one and a schedule will be distributed to the parents.

#### Pee Wee Basketball

440517-01 Sa	9/19-10	/10	3:15P-4:45P
Recreation Center	4 wks	\$55	Ages 3-4

#### K-2 Basketball Clinic

430574-01	Sa	10/24-1	1/21	3:15P-4:45P
Recreation Cen	iter	4 wks	\$55	Grades K-2

#### Non-residents add \$5

# Youth Special Interest

#### **COOKIE DECORATING**

Create and eat. Children will love this outstanding class learning to decorate cookies using icing bags and sprinkles. No refunds.

4:30P-6:00P Klever Kreations 1 day \$17 Ages 5-11

#### **CANDY MAKING**

Learn how to melt chocolate to make suckers, chocolate covered pretzels, popcorn and cookies. Children will also use candy molds to create a variety of chocolate candy. No refunds.

#### **Halloween Theme**

410331-01 Th	10/22		4:30P-6:00P
Klever Kreations	1 day	\$17	Ages 5-11

#### **CUPCAKE DECORATING**

Learn how to use icing bags and tips to create and frost cupcakes. Children will have fun adding sprinkles and other candy for decorations. The best part of cupcake decorating is being able to eat your creations! No refunds. Thanksgiving Theme

410334-02 Th 11/19 4:30-6:00P Klever Kreations 1 day \$17 Ages 5-11

#### **CREATE A GINGERBREAD HOUSE**

Children will enjoy making a gingerbread house using different kinds of candy and icing.

410333-01 Sa 12/5 1:00P-2:30P Recreation Center 1 day \$25 Ages 5-11

#### LITTLE CHEFS

Instructor: Busy Bodies

This beginning, independent-learning cooking course will entice your child to learn the art of cooking. Supply fee of \$10 to be paid directly to the instructor on the first day of class. No class on November 26.

#### Ages 4-9

411579-01	Th	9/24-11/12	6:15	P-7:00P
Recreation C	enter-	-Rm 104	8 wks	\$90
411579-01	Th	11/19-12/17	6:15	P-7:00P
Recreation C	enter-	-Rm 104	4 wks	\$45

#### **WINTER BREAK CAMP**

Instructor: Busy Bodies

Themed activity camp days are available during your winter holiday. Children will need to bring a sack lunch and do not need to be potty-trained.

#### Ages 2 1/2-8

410025-01	M	12/21	Jingle Bells
410025-02	Tu	12/22	Holiday Cookies
410025-03	W	12/23	Trees & Trims
410025-04	M	12/28	Winter Wonderland
410025-05	Tu	12/29	Silly Snowmen
410025-06	W	12/30	Let It Snow!
<b>Busy Bodies</b>	\$20	)/day	10:00A-1:00P

#### LEGO® CHALLENGE: TRANSPORTATION & AVIATION

Instructor: e<sup>2</sup> Young Engineers

This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way! Each lesson includes building, enhancing and playing with a custom, moving LEGO® model, such as a helicopter, a Jeep and other vehicles that you see every day. e² Young Engineers programs implement an Edutainment (Education + Entertainment) approach, transforming the learning process into a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM). Class is suitable for new and returning students. Class does not meet on November 29.

410461-01 Su 9/13-10/18 1:30P-2:45P 410461-02 Su 11/1-12/13 3:00P-4:15P Recreation Center 6 wks \$96 Grades 1-5 No class 11/29

#### LEGO® CHALLENGE: AMUSEMENT PARK RIDES

Instructor: e<sup>2</sup> Young Engineers

This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way, replicating amusement park rides, such as a Ferris wheel, carousel and other fun rides you may find at the park. e<sup>2</sup> Young Engineers programs implement an Edutainment (Education + Entertainment) approach, transforming the learning process intro a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM). Class is suitable for new and returning students. Class does not meet on Nov 29. 410462-01 Su 9/13-10/18 3:00P-4:15P 410462-02 Su 11/1-12/13 1:30P-2:45P Recreation Center 6 wks \$96 Grades 1-5 No class 11/29

#### HORSEBACK RIDING LESSONS

Have you always wanted to try horseback riding? Learn basic grooming, riding, and horse care for beginners. Riders will be required to wear long pants and hard-sole shoes with heels. All participants should be willing to let instructor know of any physical limitations or special accommodations needed prior to the beginning of class. Register early to guarantee a fun and rewarding experience. Deadline to register is the Monday prior to each session. Holiday make up classes will be discussed at the first session, opportunities will be provided to make up classes at your convenience. Classes held in an indoor arena with viewing area for parents.

#### Ages 7 & older

410169-01	Sa	9/26-10/31	3:00P-4:30P
410169-02	Sa	11/14-12/19	3:00P-4:30P
111578-01	Sa	1/16-2/20	3:00P-4:30P
6 wks		\$150	

Times Square Riding Academy, 4835 Oakwood, Ortonville

### Adult Fitness

#### 50+ FITNESS

Instructor: Julie Shada Galvin

Come join this fun friendly group! Class will improve your balance, coordination, and strength. Class is designed in two parts, sitting in chairs using small hand weights and bands followed by a segment of movement to improve your cardio. Great music and great time!

460210-01 Tu & Th 10/1-12/23 9:00A-10:00A Recreation Center Gym 12 wks \$30 No class 11/11, 11/26

#### **FITNESS FUSION**

Instructor: Julie Shada Galvin

A variety of core, cardio and strength training. Add this class to your exercise routine. All levels of fitness are welcome. Bring mat & water.

411105-01 Sa 10/24-1/16 8:30A-9:15A Recreation Center 10 wks \$80 No class11/28 & 12/26 & 1/2

#### KICKBOXING FOR WOMEN

Instructor: Busy Bodies

Try out a high intensity, calorie-burning workout which utilizes kickboxing combinations to build core strength and cardio endurance. No class on November 26 and December 24.

#### Ages 18 & older

411402-01	Th	9/24-11/12	9:00A-10:00A
411402-02	Th	11/19-1/21	9:00A-10:00A
<b>Busy Bodies</b>	es 8 wks		\$80
No class 12/24 & 12/31			

#### X-FUSION FOR WOMEN

Instructor: Busy Bodies

This is a class that combines various fitness strategies for the ultimate fat-burning workout.

#### Ages 18 & older

411401-01	Tu	9/22-11/10	6:30P-7:30P
411401-01	Tu	11/17-1/5	6:30P-7:30P
Busy Bodies		8 wks	\$80

#### **ZUMBA**

Instructor: Busy Bodies

Ladies, enjoy the fun Latin movement craze while burning calories.

#### Ages 18 & older

410518-01	Tu	9/22-11/10	5:30P-6:30P
410518-02	W	9/23-11/11	9:30A-10:30A
410518-03	Tu	11/17-1/5	5:30P-6:30P
410518-04	W	11/18-1/6	9:30A-10:30A
<b>Busy Bodies</b>		8 wks	\$80

#### **PILATES**

411106-01 W

Instructor: Julie Shada Galvin

Learn the basic fundamentals of pilates. You will learn how to use breath and awareness of core muscles with movement. Begin with basic exercises showing modifications with growth toward progressive movement performed primarily on the floor. Bring a mat.

9/16-11/4

6.15P-7.00P

111100 01	* *	0/10 11/1	0.101 1.001
411106-02	W	11/11-1/20	6:15P-7:00P
Recreation Ce	nter	8 wks	\$64
No class 11/2	5, 1	2/23, 12/30	
411106-03	Th	9/17-11/5	10:15A-11:00A
411106-04	Th	11/12-1/21	10:15A-11:00A
Recreation Ce	nter	8 wks	\$64
No class 11/26, 12/24 & 12/31			

#### **KUNDALINI YOGA**

Instructor: Mary Pritchard

As taught by Yogi Bhajan. Uses breath, movement, posture, and sound to benefit and balance body and mind. Wear loose comfortable clothing. Yoga mat or beach towel required

towel required.

411509-01 M	9/28-11/16	7:00P-8:30P
Recreation Center	8 wks	\$58

#### YOGA WITH EASE

Instructor: Steve Guth

Beginning HATHA YOGA flow for all abilities in normal health. Breathe deep & go with the flow. Yoga postures & exercises are connected providing moderate cardiovascular stimulation, strengthening limbs and core. Activity alternates with recovery periods of deep breathing, developing endurance, strengthen lungs, managing stress. Ages 16 & older

411504-01 M 9/14-11/30 6:00P-7:15P
Recreation Center-Rm 200 12 wks \$144
411504-02 M 12/7-1/11 6:00P-7:15P
Recreation Center 5 wks \$96
No class 12/28

#### **BALL AND BARRE YOGA NEW**

Instructor: Steve Guth

Ball and Barre Yoga is an active class with music. The class begins with the Fit ball (physicoball) as a prop to develop balance, strength and a sense of fun with up-beat music. After 30 minutes, we move to the ballet barre for longer, deeper stretches with slower music, then finishing with easy floor postures. Wear comfortable clothing. Do not eat meal before class. Bring a mat and blanket (for relaxation). You will perspire, bring water and a towel. Fit balls are available or bring your own.

411408-01 Th 9/10-10/15 6:00P-7:15P No class 11/26 411408-02 Th 10/29-12/10 6:00P-7:15P Recreation Center 6 wks \$54 No class 12/24 & 12/31

#### YOGA

Instructor: Janet Christian

Enjoy the physical and mental benefits of a yoga practice in the de la Ferriere tradition. No experience necessary. Please wear loose clothing and bring a mat or small rug. 411403-01 M 9/28-11/23 11:00A-12:30A Recreation Center 8 wks \$56

#### **POWER YOGA**

Instructor: Chris Weber

Work in while working out! An eclectic mix including vinyasa flow (synchronized breath and movement) classic Astanga primary series provides a vigorous, conditioning, stress busting format! Although no previous yoga experience is required, it is strongly recommended for those relatively fit, who can manage "up and down" "floor to standing" with moderate ease. Uncertain?? Call for consult! Instructor is happy to assist in your decision prior to enrollment. Both new and returning students are welcomed and encouraged. Ages 16 & older

411505-01 M 9/14-11/30 7:45P-9:00P Recreation Center 12 wks \$149

#### TAI CHI FOR BEGINNERS NEW

This evident based program has many health benefits, some which include; stress reduction, improved balance, strength, flexibility, and fitness. It is easy to learn with its 6 easy steps, and helps in fall prevention which builds your confidence. All levels welcome, and all you need to bring are comfy clothes, water, and your breath. Tai Chi is progressive and done in sessions, so sign up today and begin to build your confidence! Free Tai Chi Demo Tuesday, Sept 15th, 6:15-7:30pm at the Recreation Center.

 411404-01
 Tu
 10/6-10/27
 6:15P-7:30P

 Recreation Center
 4 wks
 \$36

 411404-02
 Tu
 11/10-12/8
 6:15P-7:30P

 Recreation Center
 5 wks
 \$45

### Adult Dance

#### **CLOGGING**

Instructors: Shane Gruber

Come join us for a fun recreational dance that requires no partner. We wear double taps on our shoes and we dance to all sorts of music. Come try out this Appalachian tap dancing in an updated style.

Beginner

411565-01 W	9/9-12/2	6:00P-7:00P
Recreation Center	12 wks	\$75
Club		
411565-02 W	7:00-9:00PM	9/9-12/2
Recreation Center	12 wks	\$95
No class 11/25		

#### LINE DANCING

Instructor: Dolores Farrell

Drop-in for line dancing and fun. Dance steps are reviewed before and during each dance. New dances taught regularly. Come join the fun!

Fridays – on going 8:30A-10:00A

Drop-in fee \$3 residents, \$4 non-residents

Recreation Center

#### **LINE & COUPLES DANCE**

Instructor: Lynn Reiss

Want an inexpensive night out? Feel the need for some exercise? Want to meet new friends? This program is for couples and singles — come join the fun! A line and a couples dance will be taught each week, with plenty of time to practice what's being done around town.

411400-07 Th 9/10—12/10 7:00P-10:00P Recreation Center \$6/person-Drop in fee No class 11/26

#### WEDDING SOCIAL DANCE

Instructor: Elegance in Motion

Tired of sitting on the sidelines at weddings and parties? This class is perfect for anyone that has an event or wedding. You will learn the basics in Swing, Night Club, Slow, and Rumba. These are some of the most popular dances to use with Top 20 hits as well as the classics.

411563-01 Th 10/15-11/12 8:15P-9:00P Recreation Center 5 wks \$85/couple \$50/single

# Adult Sports

#### COED KICKBALL LEAGUE NEW

Team registration only! Maximum of 14 players per team. This league may include teams from neighboring communities. T-shirts will be awarded to the league champions. Teams must have equal or more women on the field than men. The rules are similar to softball. Official rules include: no ahost runners: fielders must attempt to throw runners out below the waist and no "bouncies" (pitches that bounce higher than the batters knee). ASA umpires will be officiating all games. We must have a minimum of eight teams to make the league run, so sign up early!

DEADLINE TO REGISTER: Thursday, August 13 WHEN: Fridays, September 11-October 30 (8 weeks) GAME TIMES: 6:30pm or 7:30pm (or 8:30pm depending on how many teams sign up)

LOCATION: Herrington Park

COST: \$250 per team, \$15/team for umpire fees

#### MEN'S FALL BASKETBALL LEAGUE

**Team registration only!** 4 vs. 4 basketball league for men 18 years and over. Maximum of 10 players on each team. 6 weeks + playoffs. No games on 11/26. REGISTRATION - LIMITED TO 8 TEAMS:

Aug. 17: Fees taken from returning teams Sept. 10: Deadline for returning teams

Sept. 11: New teams may submit fees (if openings exist)

Sept. 24: Deadline for new teams

WHEN: Thursday games October 22 - December 17

GAME TIMES: 6:00PM, 7:00PM, 8:00PM & 9:00PM

LOCATION: Recreation Center Gymnasium COST: \$300 (includes \$50 deposit) Plus referee fees \$30 per game

#### **FALL ADULT VOLLEYBALL LEAGUES**

Team registration only!. All leagues are 7 weeks + playoffs. Games are played at Mason Middle School-South Campus. For an information packet contact the Recreation Office or visit our website at www.waterfordmi.gov/parksandrec

Deadline to register is Friday, September 4

COED: Sunday Afternoons - Season begins Sept. 20 WOMEN: Tuesday Evenings – Season begins Oct. 13

Cost: \$250

#### Non-residents add \$5

### Enrichment

#### **HYPNOSIS - WEIGHT LOSS &** SMOKING CESSATION

Instructor: David Rowe

The first hour you will see demonstrations of hypnosis & how it is used to make behavioral changes to eliminate the stressors and triggers that cause you to use tobacco or overeat. Learn how to control stress, worry and depression. The next 30 minutes is devoted to weight loss (or how to not gain weight when guitting smoking) Hypnosis blocks the craving for sweets and other fattening food, cut down portion size and eliminate the need to nibble and snack between meals. The last 30 minutes is for smokers only Stop smoking immediately without any unpleasant side effects, withdrawal, or craving tobacco. All participants are required to purchase a hypnosis CD to use for reinforcement at home. The cost of the CD is \$10 and is paid to the instructor at class. Additional hypnosis CDs will be available to purchase at class. Participants may return free of charge for one year after their initial visit. No refunds.

410221-01 W 9/16 6:30P-8:30P Recreation Center \$40 + Materials

#### FARM ANIMAL CARE

Instructor: Farmer Deby

Do you have an interest in farm animals? Learn about animal care at our Hess-Hathaway Farm. If you're interested in volunteering at the Farm, this class is a must! Includes animal tour and hands on care for the farm animals.

#### Ages 18 & older

411590-01 Su 9/20 11:00A-1:00P Hess-Hathaway Park \$24 Ages 18 & older

#### SIGN LANGUAGE

Instructor: Kathryn Eyman

Basic sign language will be taught in units, including family, foods, around the house, numbers and verb. Also, simple sentence structure will be taught.

410081-01 Th 9/24-10/15 6:30P-8:00P 410081-02 Th 10/29-11/19 6:30P-8:00P 4 wks Recreation Center \$50 Ages 16 & over

#### SNOWMOBILE SAFETY

Instructor: Chuck Comstock

Open to persons of all ages, but is required for students ages 12-17 who operate a snowmobile without direct adult supervision. To earn your safety certificate, students must attend 7 hours of instruction, pass a written exam and be 12 years of age by March 31, 2016. Preregistration is required. No refunds!

410041-01 M & W 11/16 & 11/18 5:30P-9:00P Recreation Center \$18

#### STONE GRINDING AND POLISHING

Instructor: Leon Pearson

Learn to cut, shape and polish stones of all kinds. Bring your own collection or purchase specimens from our club. \$10.00 for use of grinding equipment paid to the instructor the first night of class. Must be 14 years of age or older. Bring an apron, lab coat, or clothes that can be spattered.

411572-01 Th 9/10-10/1 7:00P-9:00P 411572-02 Th 10/8-10/29 7:00P-9:00P Recreation Center 4 wks \$32

#### MICHIGAN WILDLIFE IDENTIFICATION

Instructor: Sara Klopman, Licensed Wildlife Rehabilitator Learn to identify the wildlife from our State. These courses will involve both classroom and field identification.

#### Ages 10 & older

Theme - Mammals

411335-01 Su 9/13 10:00A-12:00P

Theme – Frogs, Toads, & Turtles

411335-02 Su 10/11 10:00A-12:00P

Theme - Birds

411335-03 Su 11/8 10:00A-12:00P

Nature Center 1 day

\$15 residents / \$20 non-residents

# BEGINNER WILDLIFE RESCUE & REHABILITATION

Instructor: Sara Klopman, Licensed Wildlife Rehabilitator Learn the basics of wildlife rescue and rehabilitation for Michigan wildlife, from birds to deer. Course will cover safety, first aid, setting bones, restraint, medications, feeding, and long-term care.

#### Ages 10 & older

411334-01 Su 9/20 & 9/27 10:00A-12:00P 411334-02 Su 10/18 & 10/25 10:00A-12:00P 411334-03 Su 11/15 & 11/22 10:00A-12:00P Nature Center 2 day \$30 residents / \$35 non-residents

# Special Events

#### PRINCESS PARTY

Dress up in your favorite princess gown and join us for a Royal Celebration. Special visitors Cinderella and Belle, will lead us in Royal festivities including: dinner with our guests of honor, games and a craft. Children must be accompanied by an adult. No refunds.

430551-01 F 9/18 6:00P-7:30P Recreation Center \$9/person Ages 2-5

#### SUPER HERO PARTY

Dress up as your favorite superhero! Help us fight crime Superhero style. Join us for dinner, games and a craft. Children must be accompanied by an adult. No refunds. 430552-01 F 11/13 6:00P-7:30P Recreation Center \$9/person Ages 2-5

#### **BIG WHEELS KEEP ON ROLLIN...**

Sponsored by: Waterford Parks and Recreation



Did you ever want to see big rigs up close? Don't miss your opportunity to climb aboard some large trucks, equipment and see other unusual vehicles at this attention-grab-

bing event. For more information or to put your equipment/vehicle on display, please call Parks and Recreation at 248-674-5441 or log onto our website at www.waterfordmi.gov/parksandrec.

Sa 9/12 11:00A-2:00P Hess-Hathaway Park \$5/car at gate

# 28TH ANNUAL TREE LIGHTING AND SANTA CELEBRATION FREE

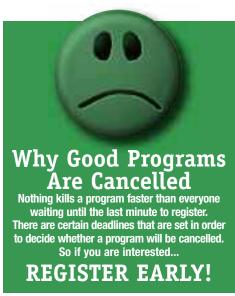
Celebrate the season with a variety of activities including: crafts, a chance to get your picture taken with Santa, entertainment and a Christmas sing-a-long! Food concessions will be available. Look for more information in our upcoming Recreation Review or our website www.waterfordmi.gov/parksandrec

Tu 12/1 6:00P-8:00P
Town Hall FREE

#### **FUNTOBER AT HESS FARM**

Grab your family & friends and come out to Hess-Hathaway Park for a local color tour hayride taking off at 1:30pm, 3:30pm and 5:30pm. Visit Waterford's Farm and stroll with one of our farmers on an official animal tour scheduled at 2:30pm and 4:30pm. Pick up a pumpkin (\$2-\$4). Concessions will be available, including the makings for s'mores. Campfire will be warm and ready for roasting marshmallows. No reservations needed. Rain or shine. Free event for those 2 & under or 62 & over.

Hess-Hathaway Farm Park Sat, Oct 17 1:00P-6:00P \$5/person



# 50+ RECREATION ACTIVITIES • Fall 2015 •

For more detailed program information contact the 50+ Office at 248-674-4881. A bi-monthly Newsletter of detailed 50+ program information is available to you when you join the Golden Age Club. The cost for Waterford residents is \$15.00, non residents pay \$20.00. Memberships are active from January 1 through December 31. Membership affords you a \$5 discount on all 50+ programs.

LORI SOMA – 50+ Recreation Supervisor

#### **ACTIVITES**

50+ Fitness Golden Age Games Pilates Quilting Club Bounce Volleyball **Golf-Senior Putters** Shuffleboard Bridge-Duplicate Line Dancing Bridge-Open Mahjongg Table Tennis Mahjongg Lessons Bunco Tai ChiVolleyball Busy Bees Pickle Ball Walking Club Crochet & Knit Pinochle Yoga Euchre Poetry Club

#### DAY TRIPS AND SPECIAL EVENTS

Parade Co & lunch Sept 1 Waterford Historic Village Sept 9 Turkeyville "Nunset" Sept 11 Zehnders "Rockn' Oldies" Sept 15 Anniversary Dinner Sept 17 Greektown Casino Sept 29 Spaghetti Dinner Oct 2 Harvest Happening Oct 3 Oakland Co Express Oct 6 DSO "Sinatra" Oct 11 Bay City Antiquing & Boat Cruise Oct 13 Apple Pies Oct 19-23 Fisher Theater "Dirty Dancing" Oct 27 Spaghetti Dinner Nov 6 The Whitney & Historical Museum Nov 10 Thanksgiving Dinner Nov 19 Turkeyville "Charlies Elf" Nov 20 Spaghetti Dinner Dec 4 Soaring Eagle Brenda Lee Dec 7 OC Express Light tour Dec 8 Christmas Dinner Dec 17 Fox Theater Cirque Holidaze Dec 22

#### **EXTENDED TRAVEL**

Lake Geneva, WS Sept 2-4 Mackinac Bridge Walk Sept 6-7 **National Parks** Sept 15-22 Vermont/New Hampshire Oct 10-17 Mackinac Island Grand Hotel Oct 26-29 Kewadin & Bay Mills Nov 2-3 Christmas Extravaganza Nov 28- Dec 3 Florida Jan 21-Feb 3, 2016 California Feb18-25, 2016 April 21-May 2, 2016 Southern Italy & Sicily Sedona & Grand Canyon **April 2016** 

#### **50+ FITNESS**

July 1 –September 30, 2015
October 1- December 23, 2015
January 5-March 31, 2016
(Tuesday, Wednesday & Thursday)
\$30 mem \$35 non
Drop in fee \$3 member \$4 non member
Begin class by sitting in chairs using hand weights and bands, followed by a segment of movement to improve your cardio.

# 50+ RECREATION ACTIVITIES • Fall 2015

#### TAI CHI

Instructor Denise Murray is a Tai Chi for Health Institute certified Sr. Trainer and American College of Sports Medicine, Certified Exercise Physiologist.

#### **CHAIR TAI CHI**

Gentle exercise program to help people receive the benefits of traditional Tai Chi Chaun in the comfort and safety of their chair.

W 9/23-10/14 4wks 11:00A-12:00P \$24 non-members add \$5

W 11/4-12/23 7 wks 11:00A-12:00P Recreation Center \$42 No class 11/11

#### TAI CHI for Arthritis (TCA)- Beginners

In this class we will explore Tai Chi for Health forms based on Yang and Sun style tai chi. To make the most of this class previous TCA experience helpful.

360800-01 W \$28

9/23-10/14 4 wks 12:30P-1:30P

W \$42 11/4-12/23

7 wks 12:30P-1:30P No class 11/11

#### TAI CHI for Arthritis. Advanced

Appropriate for anyone who has previous experience with the Tai Chi for Arthritis or the Sun-style Tai Chi Form. You will also experience other Dr. Paul Lam Tai Chi Health Forms. W 9/23-10/14 4 wks 1:45P-2:45P \$24, non-members add \$5 W 11/4-12/23 7 wks

\$42, non members add \$5 No class 11/11 Drop In fee for all Tai Chi Classes \$8

#### **GOLF - SENIOR PUTTERS**

Enjoy the flexibility of non-league play at a new reduced price. You are not required to attend every week. Tee Times are 7:15 am to 8:45am. Upon arrival, pay your greens fee at the Pro-Shop for the executive course. Carts are additional. Golf on the regulation course for a nominal extra charge. Join anytime during the summer! Get out and golf! No pressure. New this year — weekly coupon giveaway and lunch specials for our golfers!



Golden Age Games Fundraiser Apple Pies • October 19 – 23, 2015

Take home a great homemade Apple Pie. Make your reservations beginning October 1st. www.waterfordmi.gov/parksandrec



INCLEMENT WEATHER LINE: 248.618.7671

### Parks & Recreation Rental Facilities

For additional information check out our website at www.twp.waterford.mi.us/parksandrec
To reserve a facility call 248-674-5441.

The rental fee and damage deposit must be paid in full in order to secure your date.

All facilities are non-smoking and do not allow alcohol unless otherwise stated.

All damage deposits are refundable. Non-residents pay an additional \$28 unless otherwise stated.

**HESS-HATHAWAY PARK** – 825 S. Williams Lake Road, between Elizabeth Lake Road & Cooley Lake Road. Park hours April 16-October 14, 10:00am-8:00pm, October 15-April 15, 10:00am-4:00pm (closed Wednesdays & Thursdays)

Hilltop Pavilion I
 Seats up to 160
 \$200 + \$50 damage deposit
 Pavilion II
 Seats up to 75
 \$125 + \$50 damage deposit

• Gazebo Seats up to 35 \$65 for 2 hours, \$25 each add'l hour + \$50 damage deposit, \$10 Non-resident fee

• Community Building Seats up to 120 \$345 for 6 hours, \$50 each add'l hour

+ \$200 damage deposit without alcohol + \$350 damage deposit with alcohol

\$10 each add'l child, \$10 Non-resident fee Included Gazebo, Animal Tour and Hayride

**THE WARMING HOUSE** – 5050 Civic Center Drive, Civic Center Campus located near the 51st District Court.

Rental hours are 7:00am-11:00pm, seats 40.

Monday-Thursday Friday-Sunday

\$65 for 5 hours + \$150 damage deposit \$100 for 5 hours + \$150 damage deposit

\$22 each add'l hour \$22 each add'l hour

**RECREATION CENTER (CAI BUILDING)** – 5640 Williams Lake Road, between Airport Road and Dixie Hwy. Rental hours are Monday-Saturday, 8:00am-9:00pm or Midnight on Saturday rentals for larger groups.

Dining Room
 Seats up to 200
 \$575 for 6 hours, \$50 each add'l hour

+\$300 damage deposit without alcohol +\$600 damage deposit with alcohol

Meeting Room
 Seats up to 30
 \$30/hour, minimum of 2 hours

+\$50 damage deposit, \$10 Non-resident fee

• Gym \$60/hour, minimum of 2 hours, \$10 Non-resident fee

**THE DRAYTON PLAINS NATURE CENTER** – 2125 Denby Drive, in the Drayton Woods subdivision off Hatchery Road.

Rentals are available Monday-Sunday, 8:00am-9:00pm. Meeting room is located upstairs with no elevator.j41

Meeting Room
 Seats up to 30
 \$30/hour, minimum of 2 hours, \$10 Non-resident fee

+\$50 damage deposit

Rustic Pavilion
 Seats up to 50
 \$75, 8:00am-2:00pm or 3:00pm-9:00pm

\$125, 8:00am-9:00pm +\$50 damage deposit

**THE FISH HATCHERY PARK** – 4490 Hatchery Road, between Frembes Road and Dixie Hwy.

• Large Pavilion Seats up to 80 \$75, 8:00am-2:00pm or 3:00pm-9:00pm

\$125, 8:00am-9:00pm +\$50 damage deposit

• Small Pavilion Seats up to 30 \$50, 8:00am-9:00pm

+\$50 damage deposit





### Presented By:



WYRKS!

# SAVE THE DATE

Parade Date: Saturday, December 5, 2015

Parade Time: 11:00 a.m.

Before the parade, join us from 8:30 am - 10:30 am for:

Children's WinterART • WinterFUN Festival • Gallery of Ice • Petting Farm Horse Drawn Wagon Rides • Face Painting • Hot Cocoa • S'Mores

For More Information call: 248-858-8347 Ext. 5180



Waterford Township Board of Education Kurzman Administration Services Crary Campus 501 N. Cass Lake Road Waterford, MI 48328

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